



METHODIST
HOSPITALS

*Changing the Way Health Care
is Delivered to Northwest Indiana*

2013
annual report



Michael Davenport, MD
President and Interim
Chief Executive Officer



William G. Braman
Chairman,
Board of Directors

MESSAGE FROM OUR CEO AND CHAIRMAN

Methodist Hospitals consistently brings new, advanced treatment technologies to Northwest Indiana, and the list of awards and certificates we have earned continues to grow. Our achievements in 2013 are outlined in the pages of this report.

But we are not merely the sum of our achievements. Our mission, vision and values are the heartbeat of Methodist Hospitals and are essential to attaining each and every goal. These guiding forces foster our success.

Methodist remains steadfast in our mission to provide quality, compassionate health services to all those in need regardless of their ability to pay, race or economic status. As an independent hospital with a long-standing history in Northwest Indiana, we have developed a special relationship with the community we serve. Our “patient first” philosophy impacts every decision we make and every action we take.

Our mission is supported by Methodist Hospitals’ vision to be the best place for employees to work, for patients to receive care and for physicians to practice medicine. We foster and nurture strong relationships based on mutual respect and caring.

Providing an environment in which our mission and vision can flourish, are the shared values of integrity, compassion, accountability, respect and excellence.

In 2014, Methodist Hospitals will continue to lead the way to better health. Our mission, vision and values work will inspire us to change the way healthcare is delivered in Northwest Indiana.

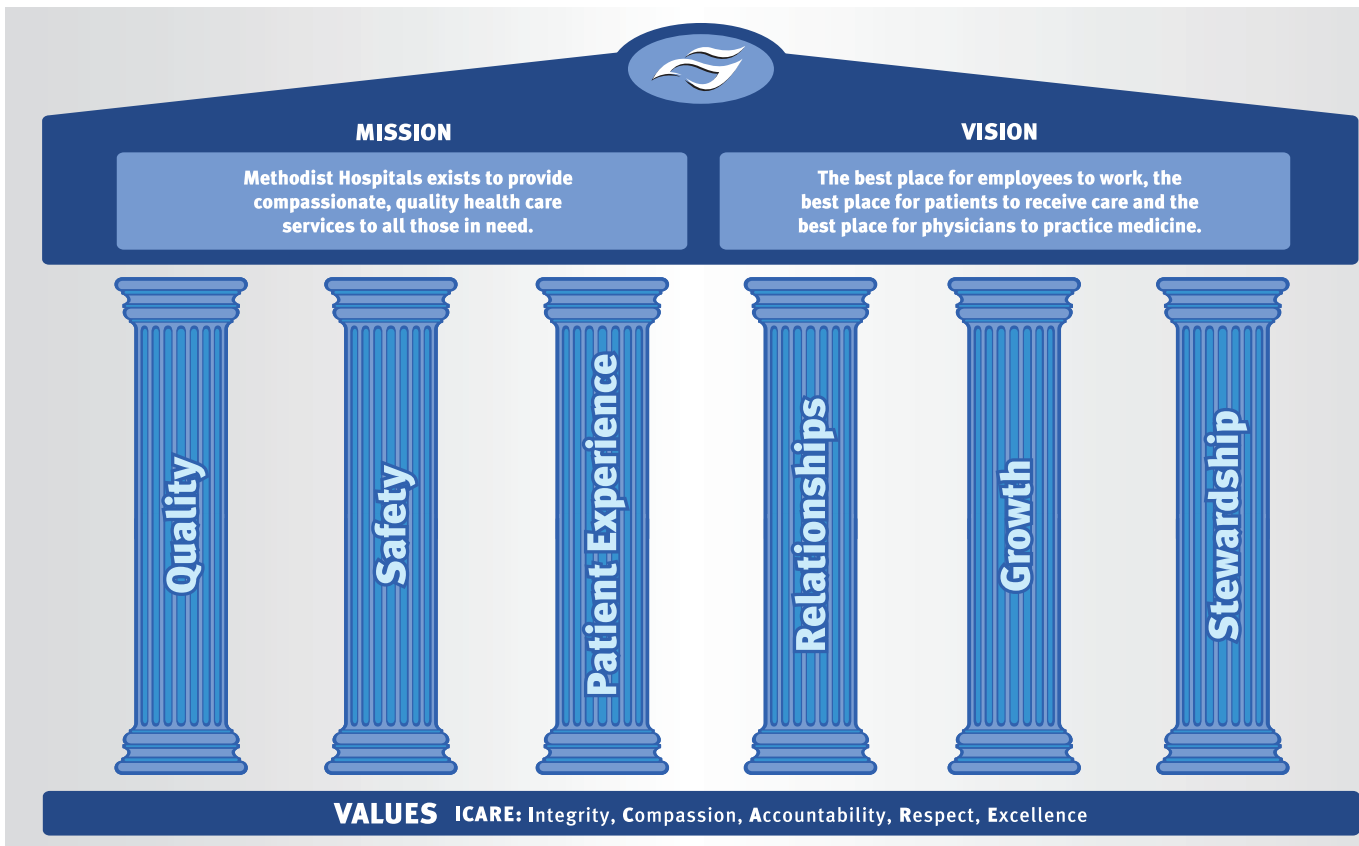
Sincerely,

Michael Davenport, MD
President and Interim Chief Executive Officer

William G. Braman
Chairman, Board of Directors



Our mission, vision and values inspire everything we do



Methodist Hospitals has made a long-term commitment to building and maintaining a culture of collaboration and excellence, in which employees are continually connected to their passion and to the purpose of their work. The Foundation for this culture is the internalization by all our staff of our mission, vision and values and their adherence, every day in everything they do, to our standards for behavior, the Model of Care and Conduct.

We strive to maintain employee morale and engagement in a number of ways. We have a robust rewards and recognition program to celebrate employees who go out of their way to embody these principles. Managers and leaders regularly round on staff to ensure that they have the tools and equipment to do their jobs and to identify areas where employees have needs that are not being met. Our recent employee survey resulted in action plans by all departments for ways that we can strengthen our relationships with our staff and improve their work environments. The success of these efforts is reflected in the extent to which we deliver on new employees' expectations for their jobs: our 2013 first year employee retention rate was 84%.

One measure of the strength of our culture is the number of people who come to work at Methodist Hospitals and choose to stay here for many years. Our 2013 Service Award Banquet, honoring employees who have reached five-year service milestones, honored a total of 303 people who had reached milestones of five and longer years of service, including 45 whose careers at Methodist have spanned 25 years or more. More than 400 people were on hand to celebrate the contributions these employees have made to the success of Methodist Hospitals.

At this event we also honor our Employee of the Year, Leader of the Year and Humanitarian of the year for serving as exemplars of our values and vision.



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Pediatrics

Mohammad Butt, M.D.
Psychiatry

Ray Sawaqed, M.D.
Surgery

Fadi Alzeidan, M.D.
Family Medicine

Glyn Porter, M.D.
Pathology

Tulsi Sawlani, M.D.
Radiology

Choong Yoon, M.D.
*Physical Medicine &
Rehabilitation*

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Anesthesia

Michael McGee, M.D.
Emergency Medicine

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Hakam Safadi, MD
*Medical Education/Research/
Library*

Surendra Shah, MD
Utilization Management



Northlake Campus
600 Grant Street, Gary, Indiana, 219.886.4000



Midlake Campus
2269 West 25th Avenue, Gary, Indiana, 219.944.4160



Southlake Campus
8701 Broadway, Merrillville, Indiana, 219.738.5500

DELEGATES-AT-LARGE

Dennis Streeter, D.O. (2014)
 Daniel Hurwich, M.D. (2014)
 Okechi Nwabara, M.D. (2014)
 Richard Longley, M.D. (2015)
 Robert McMahon, D.D.S. (2015)
 Vijay Dave, M.D. (2016)

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 Executive Director

OUR PEOPLE

Medical Staff 609
 Employees..... 2,493
 Volunteers..... 147

FACILITIES

Northlake Campus
 600 Grant Street
 Gary, Indiana 46402

Midlake Campus
 2269 West 25th Avenue
 Gary, Indiana 46404

Southlake Campus
 8701 Broadway
 Merrillville, Indiana 46410

Southlake - Pavilion A
 Outpatient Surgery Center
 Outpatient Services
 101 East 87th Avenue
 Merrillville, Indiana 46410

Southlake - Pavilion B
 Center for Advanced
 Clinical Studies
 200 East 89th Avenue
 Merrillville, Indiana 46410

Southlake - Pavilion C
 Primary Care Associates
 8777 Broadway
 Merrillville, Indiana 46410

Southlake - Pavilion D
 Rehabilitation Centers
 303 East 89th Avenue
 Merrillville, Indiana 46410

Southlake – Pavilion E
 Endoscopy Center at IMA
 8895 Broadway
 Merrillville, IN 46410

Cardiac Rehabilitation
 753 East 81st Avenue
 Merrillville, Indiana 46410

Home Health Services
 650 Grant Street
 Gary, Indiana 46402



Southlake - Pavilion A
 101 East 87th Avenue, Merrillville, Indiana



Southlake - Pavilion B
 200 East 89th Avenue, Merrillville, Indiana



Southlake - Pavilion C
 8777 Broadway, Merrillville, Indiana



Southlake - Pavilion D
 303 East 89th Avenue, Merrillville, Indiana



Southlake - Pavilion E
 8895 Broadway, Merrillville, Indiana



Northlake Physicians Center
 650 Grant Street, Gary, Indiana

Total commitment to patient safety and quality improvement

Patient safety is the number one priority at Methodist Hospitals, and we are committed to building a culture of patient safety and improvement. This commitment is reflected in our recognition for Quality and Safety Improvements by the Indiana Hospital Association.

The Indiana Hospital Association (IHA) recently recognized Methodist Hospitals for significant improvements in quality care and patient safety achieved over an 18-month period ending in December 2013. The IHA Coalition for Care recognized Methodist Hospitals for achieving program goals in the following areas:

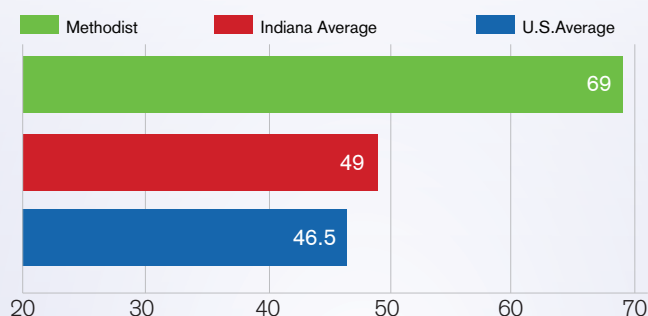
- Reduced Central Line Associated Blood Stream Infections
- Improved Early Elective Deliveries
- Reduced Incidence of Pressure Ulcers
- Reduced Incidence of Catheter-Associated Urinary Tract Infections
- Reduced Incidence of Ventilator-Associated Pneumonia

In 2011, U.S. Health and Human Services Secretary Kathleen Sebelius launched the ambitious Partnership for Patients initiative to reduce hospital-acquired conditions by 40 percent and readmissions by 20 percent by December 2013. In support of that initiative, the IHA brought 116 Indiana institutions together to create its Coalition for Care to make Indiana the safest state to receive care. **This recognition is evidence that Methodist Hospitals has achieved the desired goals in these key areas.** The improvements cited by the IHA are the result of the dedication and teamwork exhibited by Methodist Hospitals' physicians, nurses, staff and volunteers.

For the Second Year, Methodist Exceeded Value-Based Purchasing Standards

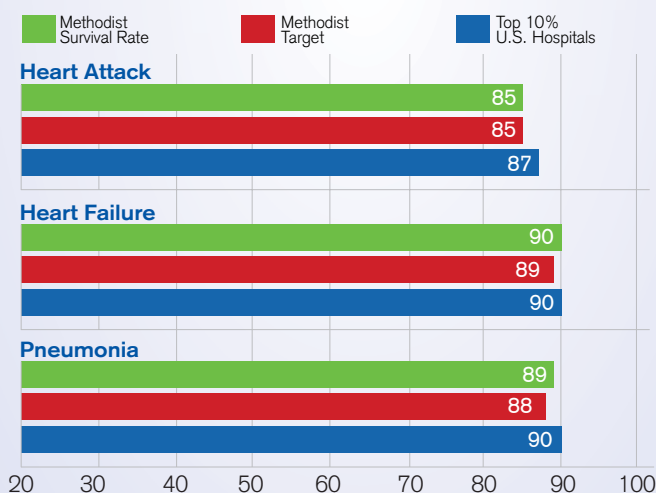
The Federal Government evaluates the performance of hospitals on key quality measures – clinical processes, patient experience and outcomes of care, creating a “Total Performance Score” for each hospital based on its results in these three areas. In 2013, Methodist Hospitals' Total Performance Score exceeded both State and National averages for the second year in a row, and achieved significant improvement versus 2012. And our patient outcomes scores for the key areas tracked by the government are at or near the top ten percent of hospitals in the nation.

FY 2013 Value Based Purchasing Total Performance Score



Methodist performed better than State and National averages for FY 2013.

Patient Outcomes



Methodist Hospitals 30-day survival rates are equal to or near the top 10% of U.S. hospitals.



Excellence in Patient Care

In 2013, Methodist Hospitals received the Studer Group Excellence in Patient Care award in recognition of its outstanding patient care and satisfaction performance compared to more than 850 nationwide institutions.

Quality awards

Methodist Hospitals is committed to leading the region in quality specialty care. The hard work and dedication of our physicians, nurses and employees have brought the hospital a number of honors and distinguished awards.



COMMISSION ON CANCER ACCREDITATION WITH COMMENDATION

Accredited since 1974, in its most recent accreditation in 2013, Methodist earned eight of eight commendations in recognition of its commitment to the highest level of care.



CHEST PAIN CENTER ACCREDITATION

was awarded to Methodist Hospitals by the Society of Cardiovascular Patient Care in recognition of its high level of expertise in the assessment, diagnosis and treatment of patients who may be experiencing a heart attack.



NAPBC ACCREDITATION

Methodist Hospitals was the first in the region to earn accreditation by the American College of Surgeons' National Accreditation Program for Breast Centers (NAPBC.)



CENTER FOR MULTIPLE SCLEROSIS COMPREHENSIVE CARE

This designation recognizes Methodist Hospitals for providing exceptional, coordinated and comprehensive care for people with MS.



BREAST IMAGING CENTER OF EXCELLENCE

Methodist Hospitals is also designated a Breast Imaging Center of Excellence by the American College of Radiology (ACR).



DIABETES CENTER OF EXCELLENCE

The American Diabetes Association recognized Methodist Hospitals for the high quality of its community diabetes education programs.



JOINT COMMISSION ACCREDITATION FOR LABORATORY SERVICES

recognizes Methodist Hospitals for demonstrating compliance with The Joint Commission's national standards for health care quality and safety, and demonstrating commitment to providing high quality and safe laboratory services.



COMMISSION ON ACCREDITATION OF REHABILITATION FACILITIES

Methodist Hospitals' dedicated Inpatient Rehabilitation Institute has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).



PRIMARY STROKE CERTIFICATION BY HEALTHCARE FACILITIES ACCREDITATION PROGRAM

recognizes Methodist Hospitals' stroke program as meeting national standards for quality stroke care.



LUNG CANCER SCREENING SITE

Methodist is one of six official Lung Cancer Screening sites as recognized by inclusion on the web site of the Lung Cancer Alliance.



GOLD PLUS PERFORMANCE ACHIEVEMENT AWARD FOR STROKE

Methodist Hospitals was the first northwest Indiana hospital to earn this award from the American Heart Association and the American Stroke Association for exemplary adherence to all performance measures set forth in its *Get With the Guidelines* program.



US NEWS BEST HOSPITALS

placed Methodist Hospitals among its 2013-2014 Best Hospitals, ranking Methodist 30th among the 119 hospitals in the Chicagoland area and 13th among the 175 hospitals in the State of Indiana. The only hospital in Northwest Indiana to be ranked, Methodist was recognized among the top 25 percent nationally in Neurology and Neurosurgery.

Changing the way healthcare is delivered

Methodist Hospitals continues to change the way healthcare is delivered in Northwest Indiana. In 2013, the focus was not only on technology and facilities, but also on bringing critical new programs and services to Northwest Indiana so local families will never have to leave The Region to get the very best care.



Over the past three years, Methodist Hospitals has invested more than \$80 million in new technology, facility enhancements and programs to improve patient safety, patient comfort and quality of care. Some of 2013's most notable accomplishments include:

Methodist Hospitals Among US News Best Hospitals

US News & World Report named Methodist Hospitals to its 2013-2014 Best Hospitals rankings. Methodist was ranked 30th among the 119 hospitals in the Chicagoland area and 13th among the 175 hospitals in the State of Indiana. Methodist was the only hospital in Northwest Indiana to rank among the top hospitals in the state and Chicago metro area. Methodist was recognized as among the top 25 percent nationally in Neurology and Neurosurgery.

A new, expanded Emergency Department at the Southlake Campus

Long established as a premier provider of emergency services in Northwest Indiana, Methodist Hospitals opened a new, expanded Emergency Department at the Southlake Campus in Merrillville. At 21,000 square feet, the new space is almost double that of the old ED. The added space includes more exam rooms, procedure rooms, nurse's stations and trauma

capacity as well as an expanded "Fast-Track" area for more efficient handling of patients with less serious conditions. The new space also incorporates a number of technology upgrades that improve patient monitoring, care and documentation.

The new emergency department demonstrates Methodist Hospitals' commitment to providing the very best care for the people of Northwest Indiana, enabling doctors, nurses and staff to more comfortably and efficiently care for the high volume of patients who come through our doors.

Methodist is Recognized as National Leader in Adoption of the Electronic Medical Record

Hospital adoption of electronic medical records (EMRs), mandated by the American Recovery and Reinvestment Act (ARRA), is tracked in eight stages - Stage 0 through Stage 7. Methodist Hospitals is one of only 10% of hospitals in the U.S. to achieve Stage 6. Methodist Hospitals' Northlake and Southlake campuses were two of only 15 hospitals in the State of Indiana and the only hospitals in Lake and Porter Counties to achieve this level of EMR adoption. Integration of the EMR in a meaningful way across the entire organization has been a key factor in Methodist's success in providing exceptional quality and safety in patient care, and includes advanced applications like complete digital imaging, voice recognition for physician documentation, closed loop medication administration, computerized provider order entry and clinical decision support. This achievement required the total commitment of the entire organization, and we are extremely proud of all the staff and physicians who have helped us reach this important milestone.





No Woman Left Behind Program Launched to Expand Access to Breast Care Among Underserved Populations

A grant from the Chicago Bears Foundation, Bears Care, has provided partial funding for a Methodist Hospitals outreach program to provide free 3-Dimensional Screening Mammograms to women in Northwest Indiana who meet Federal poverty guidelines. The goal of the program is to provide early diagnosis and improved outcomes for women who might otherwise not have access to care.

Expanded Services at the Lung Care Center

The Lung Care Center at Methodist Hospitals is a multidisciplinary resource for the prevention, diagnosis and treatment of lung cancer and other lung diseases. With the region's first Electromagnetic Navigation Bronchoscopy, the latest generation, most advanced Endobronchial Ultrasound, a full range of radiation therapy services for lung cancer treatment, and a nurse navigator to guide patients through the treatment process, the Lung Care Center aims to deliver the best possible outcomes for patients. In 2013, the Lung Care Center expanded its prevention programs, offering low dose CT Screening for those at high risk of lung cancer as well as smoking cessation classes. Research has shown that low dose CT screening of high risk patients can lower lung cancer mortality by 20 percent.



Advances in Technology for the Heart and Vascular Institute

The Methodist Hospitals Electrophysiology lab expanded its capabilities, providing services normally found only at major academic medical centers, including a non-contact mapping system for performing complex

ablations and a laser lead extraction system for replacing pacemaker leads. New InfraredX technology gives Methodist Cardiologists unprecedented ability to look inside coronary arteries and assess the blood vessel composition. This newfound clarity changes the way the most vulnerable patients are treated and assists with angioplasty and stent procedures. And a completely renovated cath lab at the Northlake Campuses enhances physician ability to provide the highest level of care.

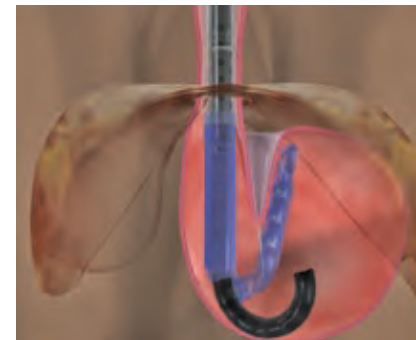


A New, Comprehensive Parkinson's Program

Parkinson's Disease is a complex disease state with symptoms that can vary greatly from patient to patient. Methodist Hospitals has launched a comprehensive Parkinson's Disease program that uses a multidisciplinary approach, quantitative rating scales and a protocol based on American Academy of Neurology guidelines to accurately diagnose Parkinson's and create individualized treatment strategies. It is the first program of its kind in the Chicago metropolitan area and the state of Indiana.

A New GERD Center

Methodist Hospitals' new GERD Center employs the latest, most reliable technologies and techniques to accurately diagnose Gastroesophageal Reflux Disease, including the TIF procedure, an innovative, minimally invasive procedure.



Methodist Hospitals Endoscopy Center at IMA

One way Methodist Hospitals is working in partnership with physicians to broaden the scope of services they provide is through the development of co-management agreements. Methodist and Internal Medicine Associates have partnered to create the Endoscopy Center at IMA, offering patients the latest in endoscopy technology and equipment and a patient-focused experience.

Methodist Receives Bond Upgrades

Fitch Ratings, one of the three major credit rating agencies, upgraded Methodist Hospitals' bond issues twice in 2012 and 2013. In making the 2013 upgrade, the ratings agency cited Methodist's sustained operating performance, including strong profit margin, improved expense controls and positive trends in physician recruitment and clinical volumes. This record of continued operational improvement and growth coupled with our vision to change the way health care is delivered will help us to fulfill our vision to be the region's leader in high level, complex acute care.

A long-term commitment to community health

Methodist Hospitals' mission to provide quality, compassionate health care to all those in need extends far beyond the walls of our hospital facilities.



Community Health Needs Assessment

In 2013, Methodist Hospitals, in cooperation with Community Health System and the Franciscan Alliance, conducted an assessment of the health needs of those within its service areas that included a quantitative survey of community members, focus groups with community leaders and others with expert knowledge of the region's health needs, and a review of secondary information about the region and its population. The findings of this assessment, which can be found on the Methodist Hospitals web site, indicated several key areas of opportunity, including improving access to care, diet and nutrition and tackling such prevalent issues as obesity, diabetes, kidney disease, cardiovascular disease, teen birth rates, infant mortality and oral health.

An action plan for addressing these community health needs has been developed and is being executed under the leadership of a steering committee including Methodist Hospitals professional staff, physicians, board members and community experts.

Community Partnerships

Methodist is committed to building partnerships with community clinics, local health departments, community-based organizations and health advocacy organizations. Methodist Hospitals' community engagement includes a broad range of partnerships. Some of these include:

Northwest Indiana Health Disparities Council – Methodist plays a leading role in this organization devoted to bringing down barriers to equal access to health care for underserved populations in the region.

City of Gary – Methodist Hospitals partnered with the City of Gary on improvements to the Hudson Campbell Fitness Center, providing a new air conditioning and ventilation system to enhance the safety and experience of the Center's users.

Gary Literacy Coalition – Since 2001, Methodist Hospitals has partnered with the Gary Literacy Coalition, which exists to support, promote and enhance literacy in the Gary community and to facilitate access to books and literacy opportunities for children and adults.

Gary YWCA – Methodist supports the Gary YWCA in a number of ways, including a monthly health seminar series for seniors entitled "Health Matters," which addresses topics relevant to seniors such as heart care, injury prevention, diabetes prevention and management, behavioral health and caring for loved ones with Alzheimer's Disease or dementia.

Community Organizations for Families and Youth (COFFY) – Methodist partners with COFFY on programs to educate middle- and high-school aged children on the the causes and consequences of violence and things that teens can do to avoid injury and harm.

Merrillville High School Internship Program – Methodist was invited to participate in an intern program to give students comprehensive exposure to clinical and non-clinical careers in health care. Methodist's program has been accepted by the Indiana State Board of Education for high school credit.

Valparaiso Family YMCA – Methodist partners with the Valparaiso Family YMCA to provide health fairs, seminars and health screenings as well as physician and nursing services at the YMCA’s facility.

Organized Labor Groups – Methodist provides educational programs for local labor groups on topics such as health care reform, workforce development and trends in health care careers.

Methodist also supports a wide variety of other community organizations serving the Northwest Indiana community, including the Urban League of Northwest Indiana, and the Crossroads, Gary, Lake Shore and Valparaiso Chambers of Commerce. The hospital is also a leader in the support of health advocacy organizations, including the American Heart Association, the American Cancer Society, the Pink Ribbon Society, the Multiple Sclerosis Society, the Parkinson’s Foundation and the March of Dimes.

Community Health Initiatives

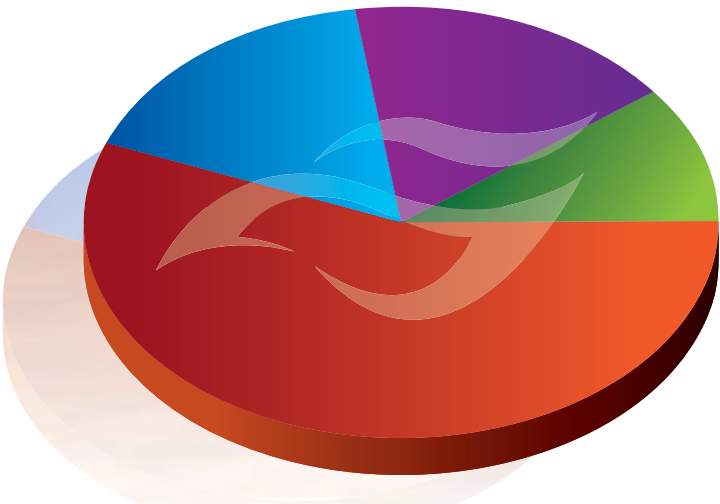
Methodist Hospitals demonstrates its commitment to improving community health through a wide array of community outreach programs, including dozens of regular screening programs, support groups and clinics as well as free community health fairs and educational seminars led by physicians and other experts.

Advocacy

Methodist Hospitals conducts legislative forums with Lake and Porter county members of the Indiana General Assembly in support of medicaid expansion, trauma designation, and provisional taxes. Methodist Hospitals also works to educate state legislators on important public health issues such as chronic disease prevention, education and early intervention. The hospital also supports the Indiana Hospital Association in its efforts to promote the interests of patients and families at the state and federal level on a variety of issues, including expanding coverage for the uninsured, health information technology, and patient safety.

HOW METHODIST GIVES BACK TO NORTHWEST INDIANA

■ Unpaid Medicare	\$ 16.2 Million
■ Charity Care	\$ 54.6 Million
■ Physician & Community Services	\$ 10.1 Million
■ Other	\$ 16.2 Million
<hr/>	
TOTAL.....	\$ 97.1 Million



Financial strength

Methodist Hospitals finished 2013 with five consecutive years of strong profitability, made possible by strong volume performance, including:

- 17,724 patient visits accounting for 105,746 patient days.
- 63,930 Emergency Department visits
- 1,505 babies delivered

In 2013, the hospital saw strong growth in key areas:

- Surgical cases increased 6.5% versus the prior year
- Outpatient services were up 13.4% compared to 2012
- Emergency department visits increased 4.85% versus prior year

Increasing volumes and excellent expense control allowed us to invest \$21.4 million in new technology, equipment and facilities to benefit our patients and their families.

We ended 2013 with a strong 208 days of cash on hand and were able to provide nearly \$100 million in community benefits during the year.

Methodist Hospitals makes a significant contribution to the health of its communities via underwriting care for the under- and uninsured as well as free services to community members via health fairs, health screenings and other free programs.

Methodist Hospitals’ Impact on Northwest Indiana’s Economy

Our impact on the region’s economy is significant. The Northwest Indiana Forum ranked Methodist Hospitals as the region’s 8th largest employer and our 2013 payroll totaled \$133 million. In addition to the \$21.4 million invested in technology, equipment and facilities to improve patient care, we purchased \$111 million in medical supplies, food and maintenance, repair and operating supplies, \$31 million of which was spent with vendors located in Northwest Indiana.

According to the American Hospital Association, each hospital job supports approximately two additional local jobs; by that measure, Methodist supported a total of 7,479 jobs in 2013.

2013 activities and events



JANUARY

Spirit Talks – The first round of our Spirit Talks - quarterly employee town hall meetings – was held to update employees on the organization's progress toward goals and to hear questions and comments from employees.

Grand Opening of St. John MPG office – An open house and ribbon cutting event was held to celebrate the opening of the new Methodist Physician Group office in St. John.

FEBRUARY

The third annual Methodist Foundation Mardi Gras Ball raised more than \$100,000 to benefit Methodist Hospitals programs and patients.

Go Red For Women – Methodist Hospitals was Exclusive Presenting Hospital Sponsor for the Go Red for Women initiative in Lake, Porter and LaPorte Counties, with events in Gary, Valparaiso and Michigan City.

IHA Northwestern District Meeting – Methodist hosted a special legislative luncheon bringing together Northwest Indiana hospital leaders and legislators.

Valparaiso YMCA Health Fair – A community health fair was the first major event for Methodist Hospitals' new partnership with the Valparaiso YMCA.



Valparaiso YMCA Health Fair

MARCH

Service Awards Banquet honored Methodist employees reaching key service milestones in their careers at Methodist Hospitals.

Grand Opening of Southlake Campus Emergency Department – A press conference and VIP reception was held to celebrate the opening of the new, expanded, state-of-the-art Emergency Department at the Southlake Campus. In addition, a community open house was held to introduce community members to the new facility and its staff.

Doctor's Day – Hospital leadership, staff and volunteers paid tribute to the contributions of the medical staff with events at both campuses.



Service Awards Banquet



Donate Life Flag Raising

APRIL

State of the Organization Address – More than 350 community leaders, physicians and hospital leadership gathered to learn about Methodist Hospitals' key accomplishments and plans for the future.

American Heart Association Heart Ball – Methodist served as a Sponsor.

Spring Spa Day – Methodist Hospitals Oncology Institute honored cancer survivors with a day of pampering in partnership with the Pink Ribbon Society.

Volunteer Week – Methodist recognized the contributions of its dedicated volunteers during Volunteer Week.

Donate Life Flag Raising Ceremony – Methodist Hospitals showed its support of organ donation with flag raising ceremony at the Northlake campus and a month-long campaign to enlist organ donors.

MAY

National Nurses Week and Hospital Week – Methodist honored its nurses, employees, physicians and volunteers with celebrations at both campuses.

Go Red Symposium – Methodist Hospitals served as Exclusive Presenting Hospital Sponsor of the event.

Walk for Babies – Methodist Hospitals supported the March of Dimes as a Prematurity Partner.

Free Spring Community Health Fair was held at the Gary Southshore Railcats baseball stadium in Gary.

JUNE

Third Annual Foundation Masters Golf Outing was held at Innsbrook Country Club for a day of golf, food and fellowship in support of the Methodist Hospitals Foundation.

Foundation Night at the Railcats raised funds for the Methodist Foundation.

Relay for Life – Methodist was a sponsor of this event to raise funds in support of the American Cancer Society.

Denis E. Ribordy Memorial Event – A plaque was dedicated and hung in the new Southlake Emergency Department to honor the many contributions of the late Methodist Hospitals board member Denis E. Ribordy.

Methodist Night at the Railcats – This event is held annually for Methodist employees and their families. Methodist supports the Gary Southshore Railcats baseball minor league team as a Corporate sponsor.

JULY

Heart Walk Kick-off – Methodist Hospitals kicked off its fund-raising efforts on behalf of the American Heart Association.

Valparaiso YMCA Partnership – Methodist supported the fund-raising efforts of its Partner in Wellness, the Valparaiso Family YMCA, as a sponsor of the YMCA's annual golf outing.

Gary YWCA Health Matters – Methodist continued its series of monthly seminars at the Gary YWCA.

AUGUST

Leadership Development Institute – The third of four yearly workshops was held to build the professional skills of the Methodist Hospitals Leadership Team.

Quarterly Meet and Greet Event was held to welcome new physicians to Methodist Hospitals.

Third Annual Physician Appreciation Golf Outing was held at White Hawk Country Club to thank physicians for their contributions.

SEPTEMBER

Heart Walks – Methodist was Exclusive Hospital Sponsor for Lake and Porter County Walks and raised more than \$50,000 for the American Heart Association.

Healthy Partnership Appreciation Day was held to entertain and educate physicians and their office staffs about the Methodist Hospitals resources and experts available to them and to their patients.

Methodist Hospitals Foundation Float wins prize at the Valparaiso Popcorn Festival Parade for the second year in a row.

Multiple Sclerosis Walk – Methodist was platinum sponsor of this fund raising event in support of the National Multiple Sclerosis Society.

Pink Ribbon Society Tea – Methodist Hospitals was a Bronze sponsor of this annual event that honors breast cancer survivors.

OCTOBER

A community open house, attended by nearly 200 women, celebrated the second anniversary of the Northwest Indiana Breast Care Center at Methodist Hospitals.

A VIP reception celebrated the opening of a new Medical Stabilization Unit at the Northlake campus.

A Free Fall Community Health Fair was held at the Gary Southshore Railcats baseball stadium, attracting more than 500 community members.

NOVEMBER

Annual Auxiliary Luncheon – At this event, which honors the contributions of our many volunteers, the Methodist Hospitals Auxiliary presents a check in support of scholarships to help LPNs become Registered Nurses.

DECEMBER

Physician Holiday Party – More than 200 physicians, board and hospital leadership gathered at Villa Cesare to celebrate a successful collaboration in 2013.

Employee Holiday Celebration – A free holiday dinner was served to all Methodist employees by the leadership team, accompanied by Christmas music performed by the Methodist Holiday Choir.



Denis E. Ribordy Memorial Event



Heart Walk



Breast Care Center Open House



Health Fair



Annual Auxiliary Luncheon

The road to leadership in nursing excellence



The vision for nursing at Methodist Hospitals is to become the renowned leader in nursing excellence. We are pursuing that vision via a laser focus on three core values:

Unsurpassed Commitment to Quality Patient Care

Patients and their families depend upon a hospital's nursing staff to deliver the very best care every day. At Methodist Hospitals, our commitment to Quality and Patient Safety is displayed in a myriad of ways. One of the most important is our hourly rounding efforts. Patients are checked on every hour to ensure their safety and comfort. Another is our constant effort to improve our service excellence. In 2013, we achieved Benchmark (top 10%) levels on a number of key HCAHPS dimensions (Hospital Consumer Assessment of Healthcare Providers and Systems) such as Nurse Communications, Pain Management, Communication about Medications, Cleanliness and Quiet at Night and the Overall Rating of Care. These efforts were rewarded by the Studer Group Award for Most Improved across its 850 clients nationwide.

Other critical initiatives include bedside handoffs to ensure that patients are involved in and understand their plan of care and post discharge phone calls to help reduce unnecessary readmissions. Within two days after discharge, all patients are contacted at home to ensure their recovery is progressing as planned and their medications are being taken as prescribed.

A variety of clinical efforts have been launched to enhance patient safety, such as initiatives to reduce Ventilator Associated Pneumonia (VAP), patient falls and patient 30-day readmission

rates. A team of nurses and ancillary staff were trained in the Lean Six Sigma Process and initiatives set by this team are yielding significant results: VAP rates have been held below target for eight months, and readmission rates for Congestive Heart Failure were reduced to below target for the last half of 2013.

Emphasis on Nursing Professional Development

Methodist provides its nursing staff with a variety of educational opportunities. Methodist Hospitals fully supports the efforts of its nurses to gain certification in their areas of specialty and has put in place a financial reimbursement program to assist nurses in working toward certification. At the end of 2013, Methodist employed 28 certified nurses. In conjunction with the Methodist Hospitals Auxiliary, we awarded two \$1,000 scholarships to help two Methodist employees complete their RN degrees. And our Continuing Education program provided a total of 28 Continuing Education credit courses, with 246 employees attending.

In addition, we offer a number of hands-on training programs, including an innovative "Sim Manikin" for mock Code Blue and other drills. Nursing Grand Rounds sessions provide a forum for updating nursing staff on hot topics.



Nurturing a Culture of Engagement

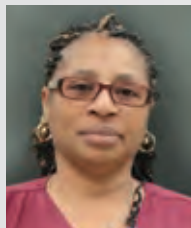
The ENACT (Empowering Nursing as Collaborative Teams) Shared Governance structure has encouraged staff nurses in all areas in the organization to participate in decisions about nursing practice, nursing quality and nursing operations.

Our Shared Governance Councils continue to expand. Our Unit Based Excellence Teams have inspired positive changes and resolved many issues. The Quality Council has improved our process for quality review and assurance. The Professional Growth & Development Council focused their efforts on cost-effective recruitment, retention and professional development strategies.

Our division of nursing has never been stronger, and we continue to achieve new levels of success. These accomplishments are reflected in our strong staff retention and turnover rates: the nursing 1st year retention rate for 2013 was 85.29% as compared to 74.5% in 2012, and the turnover rate for Nursing for 2013 was 20.15% as compared to 25.76% in 2012.



2013 Outstanding Caregiver Award – Northlake
Linda Henderson, CNA



2013 Outstanding Caregiver Award – Southlake
Diana Smith, RN



2013 Nursing Excellence Award – Northlake
Rita Dahl, RN



2013 Nursing Excellence Award – Southlake Campus
Becky Lackey, RN

Methodist Physician Group

Moving forward. Making a difference.

The primary focus of the Methodist Physician Group (MPG) is to support the market development and program expansion initiatives identified within the System's strategic plan. As such, Methodist Physician Group continued to expand throughout 2013. The group currently totals more than 60 providers and staff. Specialties that were added during 2013 include:

- Neurosurgery
- Trauma Surgery
- Interventional Cardiology
- Neurology
- Internal Medicine
- Hospitalists
- Obstetrics
- Orthopedics
- Nurse Practitioners
- Physician Assistants

Physician leadership and direction are key components to the long-term success of Methodist Physician Group. Dr. Michael Linton was appointed the Medical Director for MPG in 2013. Additionally, an Advisory Council was established with representation from the primary care, medical and surgical specialty areas.

Key 2013 accomplishments include:

- Qualified for Meaningful Use incentive payments from Medicare and Medicaid for all eligible providers
- Continued preparation to establish a formal Clinically Integrated organization with the medical staff to prepare for changing reimbursement opportunities
- Established a satellite location in partnership with the Valparaiso YMCA
- Continued expansion into more communities within our service area. In 2013, a new Hobart physician office opening followed expansion into Hebron and St. John in the prior year.

These activities have combined to position the Methodist Hospitals and its medical staff for the numerous changes in reimbursement and population management.



Bernadette Aghaji, MD
Internal Medicine



Debra Equihua, CNM
Obstetrics & Gynecology



Otito Anaka, MD
Obstetrics & Gynecology



Venkatrama Garlapati, MD
Cardiology



Candice Anderson, MD
Family Medicine



Tonya Harvey, NP
Internal Medicine



Adolphus A. Anekwe, MD
Internal Medicine



Mary Hutchison, NP
Cardiology



Andre Artis, MD
Cardiology



Mark Jones, DPM
Podiatry



Alfred Bonjean, MD
Surgery-Orthopedic



Mihas Kodenchery, MD
Cardiology



Angelique Brown, MD
Family Medicine



Jerry Kuna, MD
Family Medicine



Kristy Darnell, NP
Spine Care Services



Michael Linton, MD
Gynecology



Arif Dalvi, MD
Neurology



Anemaria Lutas, MD
Internal Medicine



Nadezda Djurovic, MD
Internal Medicine



Sanjeev Maniar, MD
Neurology

Accomplished physicians representing a broad spectrum of specialties comprise the Methodist Hospitals' Medical Staff

At Methodist Hospitals, the expertise and dedication exhibited by our physicians inspires all of us to faithfully carry out our mission to provide quality care to all those in need. To effectively deliver quality care to the communities we serve, Methodist Hospitals' medical staff includes more than 600 physicians, who represent a wide range of medical specialties. This accomplished group of health care professionals plays a critical role in ensuring that Methodist Hospitals delivers the best possible clinical outcomes through our comprehensive, patient-centered programs. Here are some of the specialties represented within our medical staff:

- Allergy
- Anesthesiology
- Bariatric Surgery
- Cardiology
- Cardiovascular & Thoracic Surgery
- Dermatology
- Endocrinology
- Family Medicine
- Gastroenterology
- General Surgery
- Hand Surgery
- Hematology
- Infectious Diseases
- Internal Medicine
- Nephrology
- Neurology
- Neurosurgery
- Obstetrics & Gynecology
- Oncology
- Ophthalmology
- Oral Surgery
- Orthopedics
- Otolaryngology
- Pain Management
- Pediatrics
- Plastic & Reconstructive Surgery
- Podiatry
- Psychiatry
- Pulmonology
- Physical Medicine & Rehabilitation
- Rheumatology
- Spinal Surgery
- Substance Abuse
- Urology

Methodist Hospitals offers a free 24/7 physician referral service. To find the right physician for you or your family, call 1-888-909-DOCS (3627), or visit MethodistHospitals.org.

	Paul Nyongani, MD <i>Surgery-General</i>		Susan Schneider, MD <i>Surgery-Plastic and Reconstructive</i>
	Winifred Oniah, MD <i>Family Medicine</i>		Henrique Scott, MD <i>Surgery-General</i>
	Dolores Phillips, NP <i>Cardiology</i>		Vineet Shah, DO <i>Surgery-Orthopedic</i>
	Frank Quint, MD <i>Family Medicine</i>		Elian Shepherd, MD <i>Surgery-Spine</i>
	Shashikant Rane, MD <i>Internal Medicine</i>		James Siatras, DO <i>Surgery-Bariatric</i>
	Arnita Reed, MD <i>Obstetrics & Gynecology</i>		George Tsoutsouris, DPM <i>Podiatry</i>
	Laura Rodriguez, NP <i>Cardiology</i>		Kevin Waldron, MD <i>Neurosurgery</i>
	Reuben Rutland, MD <i>Surgery-General</i>		Nancy White, NP <i>Neurology Services</i>
	Ray Sawaqed, MD <i>Cardiac, Thoracic & Vascular Surgery</i>		Judson Wood, MD <i>Surgery-Orthopedic</i>
	Allen Schmelzel, PA <i>Surgery-Orthopedic</i>		



Methodist Hospitals Foundation:

Impacting the lives of those around us



2013 Mardi Gras King Kelly Bello (left) with Queen Judy Rathjen.



The Foundation's parade float, the Methodist Belle, was a popular attraction at Northwest Indiana parades. It won the Grand Prize at the Valparaiso Popcorn Festival for the second consecutive year, and First Prize at the Crown Point Parade.

Thanks to the generosity of area individuals and business owners, the Methodist Hospitals Foundation is making a difference in the lives of Northwest Indiana families every day.

The 2013 Mardi Gras initiative, the Methodist Hospitals Foundation annual giving campaign, embraces all that is Mardi Gras, including the pageantry, the celebration and the philanthropy. Led by King Kelly Bello and Queen Judy Rathjen, 12 Mardi Gras Krewe's hosted a wide variety of fundraising events culminating with annual Mardi Gras Ball. As the result, this year's campaign raised \$110,000 to help meet the healthcare needs of Northwest Indiana.

In addition, more than 100 golfers participated in the third annual Foundation Masters Golf Tournament at Innsbrook Country Club, which raised more than \$25,000 for the Methodist Hospitals Foundation.

Proceeds from these philanthropic events enable the Methodist Hospitals Foundation to do measurably greater good for the community. Here are examples of how these and other efforts helped the Methodist Hospitals Foundation make a difference:

Foundation Gifts

The Foundation's Krewe Athena, which raises funds to support the Northwest Indiana Breast Care Center at Methodist Hospitals, provided \$18,000 in funds for low income women who require advanced tests for breast cancer, who might otherwise not have



2014 Masters Golf Tournament champions Milt Hadt (left), Martin Cantu, Lindo Zamora and Kevin Crum (not pictured) from AMS Diversified.

been able to afford them. The Methodist Hospitals Foundation has also provided much needed funds for other key hospital departments, including the Heart and Vascular Institute, Pediatric Services and Emergency Services.

The Foundation is an important part of Methodist Hospitals' ongoing effort to expand and strengthen its partnerships with the community. To become involved with the Methodist Hospitals Foundation, call 219-886-4468 or visit www.foundation.methodisthospitals.org.

Methodist at a glance

SERVICES

Behavioral Health Services
 Bloodless Medicine
 Breast Care Center
 Cardiovascular Services
 - *Cardiopulmonary Rehabilitation*
 Diabetes Center
 Emergency Services
 Endoscopy Center at IMA
 GERD Center
 Home Health Services
 NeuroScience Institute
 - *Gamma Knife Center*
 - *Stroke Center*
 - *Spine Care Center*
 - *Multiple Sclerosis Center*
 Oncology Institute
 - *Lung Care Center*
 - *Radiation Oncology Center*
 Orthopedic and Spine Care Services
 Rehabilitation Services
 Surgical Weight Loss / Bariatrics
 Women's and Children's Services
 - *Advanced Obstetrical Services*
 Wound Care Center

STATISTICS

Inpatient beds **632**
 - Adult 502
 - Pediatrics 20
 - Rehabilitation 39
 - Adult Psychiatric 16
 - Geriatric Psychiatric 14
 - Adolescent Psychiatric 6
 - Neonatal 35
Nursery Bassinets **40**

PHYSICIANS

Total **609**
 Active / Associate 435
 Other 73
 Honorary 101

STAFF

Total Employees 2,493

VOLUNTEERS

Volunteers 147

AFFILIATIONS

- American Cancer Society
- American Heart Association
- Anthem Coronary Service Network
- Edgewater Systems for Balanced Living
- Gary Career Center
- Gary Literacy Coalition
- Gary Southshore Railcats
- Indiana Hospital Association
- Indiana State Medical Association
- Indiana University Northwest Campus
 - *Medical School*
 - *School of Nursing*
 - *Radiological Tech Program*
 - *Respiratory Program*
- International Association for Health Care Security and Safety
- Ivy Technical Vocational School
- March of Dimes
- Multiple Sclerosis Society
- National Alliance for Mentally Ill (NAMI)
- Pink Ribbon Society
- Purdue University Calumet Campus
 - *School of Nursing*
- Purdue University North Central Campus
 - *School of Nursing*
- Valparaiso University
 - *School of Nursing*
- Rosalind Franklin University

ACCREDITATIONS

- Anthem - High Risk Fetal Clinic
- Accreditation Council of Graduate Medical Education
- American College of Surgeons Commission on Cancer
- American College of Radiology
- American Diabetes Association
 - *Program and Education Recognition*
- Centers for Medicare & Medicaid (CMS)
- Clinical Laboratory Improvement Act (CLIA)
- College of American Pathologists (CAP)
- The Commission on Accreditation of Rehabilitation Facilities (CARF)
- Committee on Accreditation of Educational Programs for EMS Professions (CoAEMSP)
- Health Care Facilities Accreditation Program (HFAP)
- Indiana State Department of Health (ISDOH)
- Indiana Board of Pharmacy
- Joint Commission Lab Accreditation
- National Accreditation Program for Breast Centers (NAPBC)
- National Multiple Sclerosis Society
- Society of Cardiovascular Patient Care

Thank you for your support

Our success is made possible by the unwavering support of our community, our physicians, our employees, and our volunteers.

On behalf of the Methodist Hospitals Board of Directors and Administration, we thank you for allowing us to continue our mission to provide compassionate, quality health services to all those in need.



METHODIST
HOSPITALS

*Changing the Way Health Care
is Delivered to Northwest Indiana*