

You should Choose Methodist because

- Methodist Hospitals is the first Northwest Indiana hospital to offer state-of-the-art three-dimensional mammogram technology.
- Methodist offers a Breast Care Nurse Navigator, who guides each patient through the diagnosis and treatment process.
- Methodist Hospitals' Comprehensive Cancer Program has been accredited by the American College of Surgeons since 1974.
- Methodist Hospitals is the first Northwest Indiana hospital accredited by the American College of Surgeons' National Accreditation Program for Breast Centers.
- Methodist is the first Northwest Indiana hospital to earn Breast Imaging Center of Excellence status from the American College of Radiology



The Region's Most Comprehensive Breast Care



**NORTHWEST INDIANA
Breast Care Center**

at Methodist Hospitals

For Information, call
219-756-4436

To schedule your state-of-the-art
3D Mammogram, call
219-981-5440



methodisthospitals.org

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Leading the Way to Better Health

The Region's Most Advanced Breast Care

Precision Diagnostic Services *in a Spa-like Setting*

The moment you enter the Methodist Hospitals Breast Care Center, warm earth tones, soft lighting and comfy furniture greet you. We have created a peaceful, private environment in which Northwest Indiana women receive the Region's most personalized, high-quality breast health evaluations. We thought of everything - including comfortable patient gowns and a nourishment area serving coffee, tea and other snacks. It is within this nurturing setting that our dedicated staff is focused on your care.

Screening & Diagnostic Mammography: Northwest Indiana's FIRST Source for 3D Mammograms Methodist Hospitals has taken breast cancer screening and diagnosis to a whole new level with Northwest Indiana's first 3D mammography system. More advanced than digital mammography, this exciting new technology improves the sensitivity and accuracy of mammograms, making it easier for our breast radiologists to detect abnormalities, while reducing the chance for false positive results, and the need for recall appointments.

In addition to 3D mammography, we offer a full suite of diagnostic imaging, including Ultrasound and MRI.

Interventional Procedures Methodist Hospitals employs the most advanced minimally-invasive interventional tools, including MRI biopsies and stereotactic- and ultrasound-guided biopsies, as well as cyst aspirations, ductograms and excisional biopsies.

Northwest Indiana's FIRST Breast Imaging Center of Excellence

This designation means that our program has been judged to achieve the high practice standards and program guidelines established by the American College of Radiology.



Breast Cancer Care

When you need the highest level of cancer care, you'll find it right here at Methodist Hospitals. Our overriding goal – and passion – is to provide the best possible treatment and outcome for you.

Surgical Services Our multidisciplinary team of physicians, including surgeons, medical oncologists, radiation oncologists and pathologists, is supported by a staff of healthcare professionals experienced in delivering cancer care.

Radiation Oncology Methodist's Radiation Oncology Center offers a full range of radiation therapy modalities, including External Beam Radiation, Stereotactic Body Radiosurgery, Intensity Modulated Radiation Therapy (IMRT), and Brachytherapy.

Medical Oncology Methodist Hospitals' medical staff includes experienced medical oncologists trained at top-tier institutions such as Harvard, Johns Hopkins, Northwestern, Rush, University of Chicago and the University of Illinois.

Plastic & Reconstructive Surgery The Breast Care Center's board certified plastic and reconstructive surgeon brings the expertise to restore the natural look and feel of the breast.

Team Approach In our case review process, a multi-disciplinary team of physicians and nurses reaches consensus recommendations for cancer care based on national practice guidelines. All breast cancer cases are reviewed twice a month.

Support Services

Through compassionate care and education, we empower you to become an active participant in your recovery. We do this by enhancing our advanced treatment with comprehensive supportive care to heal your body and nourish your spirit.

Breast Care Nurse Navigator An integral member of the patient care team and a specialist in breast health issues, the Breast Care Nurse Navigator guides each patient through the diagnosis and treatment process. To speak with our Breast Care Nurse Navigator, call 219-757-7212.

Lymphedema Program Specializing in Complete Decongestive Therapy, Methodist's Lymphedema Program includes proper skin care, diet, exercise, massage education and compression techniques. In addition, Methodist offers a full range of rehabilitation services.

Nutrition Methodist Hospitals has a board certified specialist in oncology nutrition to counsel cancer patients about proper diet during and after treatment.

Genetics Clinic A certified geneticist is available to offer genetic assessments, counseling and appropriate testing for those concerned about a family history of disease or other cancer risk factors.

