



# THE Lamp LIGHTER

Methodist Hospitals Nurse Newsletter • May 2022

## Methodist launches new Facebook page for our nursing community



said Sr. Vice President, Chief Nursing and Operations Officer Marla Hoyer-Lareau, RN, BSN, MHA. "Since the first of this year, we have stepped up the frequency of our Lamplighter e-newsletter to once-a-month and launched our new Facebook page."

Institutions with an engaged management and strong communication networks are more likely to achieve their organizational goals. Effective communication helps team members collaborate and participate effectively in achieving those goals. With everyone on the same page, a high-performance culture is created, all because of good workplace communication.

While the e-newsletter and Facebook page are both designed to keep nurses informed, the hope is that the Facebook page becomes a dynamic forum for the exchange of ideas.

We've taken the first step by creating this new Facebook page. The next step is yours. Please be sure to follow the new nursing community Facebook page at [facebook.com/MHNursingCommunity](https://facebook.com/MHNursingCommunity).

Effective communication is critical in today's healthcare environment. Keeping our nurses informed of hospital news, events and opportunities is a high priority for Methodist Hospitals Nursing Leadership.

That's why we launched a brand new Facebook page just for our nursing community: [@MHNursingCommunity](https://facebook.com/MHNursingCommunity)

"We are firmly committed to promoting greater communication across our entire nursing community,"



## HAVE YOUR PEOPLE Call Our People!

Call our Nurse Recruitment Specialists:  
**LEAH at 219-886-4685,**  
**or DEBBIE at 219-886-4295.**

Get up to a  
**\$5,000  
REFERRAL  
BONUS**  
if that nurse joins  
our team!

# Celebrate Nurses Month 2022 with our **Service Award recipients**

## **2022 Nursing Excellence Award**

### **Cheryl White, RN, CCRN | Northlake Campus - 2E ICU**

Certified as a Critical Care Nurse by the American Association of Critical Care Nurses, Cheryl is a night shift Charge Nurse on our 2E - ICU Northlake Campus. Warm and soft spoken, she is an excellent nurse - polite, dependable and always attentive to the needs of her patients. She is widely respected by her colleagues, ancillary staff team members and physicians. Cheryl is a self-motivated, team player and team leader who can be relied upon to unselfishly volunteers to work additional shifts...especially during the COVID-19 pandemic. A valuable member of the Code Blue and Rapid Response Teams, she is able to manage the care of complex multisystem failure patients.



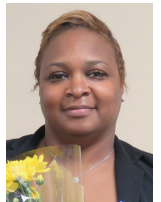
patients when they are feeling down, makes sure that they're bathed, and their rooms are neat and organized. She routinely puts her patients and the nursing team on 3W2 above her own needs. When she sees changes in the patient's condition and notifies the nurse right away She is a respected team member who always demonstrates sincere concern for our patients.

## **2022 Friend of Nursing Award**

### **Sabrina Abram, Staffing Coordinator Nursing Office - Northlake/Southlake**

Sabrina participates in many aspects of nursing and in many departments.

As the staffing office coordinator, Sabrina is responsible for the resource nurse schedules. To do that, she has nurtured relationships with the resource team nurses. She uses her gifts and talents to creatively devise schedules that meet the needs of those nurses. She also supports the Cardiac Cath Lab with scheduling, helps to ensure the accuracy of traveling nurses time cards and is the liaison for union employees. Sabrina works closely with each nurse manager, director, AVP and our CNO to enhance staffing for our nursing department.



## **2022 Outstanding Caregiver Excellence Award**

### **Sheila Wasson, 3W2**

A Methodist employee for 15 years, Sheila always has a positive attitude no matter what. Although she is usually the only CNA scheduled for her shifts, that doesn't stop her from smiling, treating all patients with dignity and respect, and picking up extra shifts to help her unit. She takes time to encourage



## The Times honors **4 Methodist Hospitals nurses**

Four Methodist Hospitals nurses were honored by The Times for their tireless effort and endless commitment at a luncheon on May 3, and in the pages of the newspaper on May 8. According to The Times, it received 237 nominations and 2,069 votes from the public. These Methodist Hospitals were among just 10 nurses selected for distinction:

### **Deborah Murfitt, RN | SLC Labor & Delivery**

Currently celebrating 30 years of exceptional service at Methodist Hospitals, Deborah is described by her coworkers as a diligent, caring, dedicated nurse with strong clinical and leadership skills. Over the years, she has been recognized as a great preceptor and mentor to staff by passing on her knowledge and expertise to future generations of nurses.



### **Mary Gaydos, RN | Southlake 3W1**

Mary is the embodiment of the dedicated nurse who will jump to help out in any circumstance. She volunteers to pitch in on other units when they are short-handed, even changes her social plans to come in and work a midnight shift. She is constantly seeking new information, enrolls in education when offered, and carrying a small notebook with insights to share with colleagues.



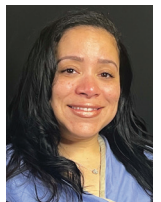
### **Dawn Jones, RN | 5 South - NLC Med/Surg**

Dawn has 8 years of service at Methodist Hospitals. She has been nominated for multiple awards that recognize her patience, compassion, and excellent attention to detail. Dawn is widely regarded as a self-motivated, critical thinker and team player who has the ability to remain composed in a storm.



### **Katina Rivera, RN | Northlake 4 East**

Katina is the prime example of what a nurse should be: nurturing, understanding, resilient, selfless, and extraordinary. She is an excellent patient advocate and goes above and beyond to provide exceptional care not only for her patients but their families. Katina often fills the role of charge nurse in addition to precepting new nurses. Whenever someone needs help she is always ready and eager to step in.



**Please join us in congratulation these remarkable nurses.**