



# THE lamp LIGHTER

Methodist Hospitals Nurse Newsletter • Oct. 2022

## Seeking greater ownership of your nursing practice? Bet on UBETs

The opportunity exists for every Methodist Hospitals nurse to identify areas in need of improvement and to be actively involved in developing the solutions that bring the desired improvement.

The Unit-Based Excellence Teams (UBETs) model brings the shared decision-making and influence of our ENACT Shared Governance program to each Methodist Hospitals unit. As a result, every nurse on every unit can genuinely own his/her nursing practice, influence solutions to issues at the unit level and ultimately improve patient care and satisfaction.

“UBETs gives us the chance to take issues or challenges that that we’re facing and then meet to discuss them, bounce ideas off one another to find solutions,” said UBETs at-large representative, Keith Leigh, RN. “Sometimes it’s a quick, easy fix. Sometimes, it can be a policy level change. When you’re able to solve those issues, it does impact the way you can practice.”

What is it that’s making it difficult for you to do your job? What improvements can be made to improve quality and patient satisfaction scores? What are the retention levels in your unit?

UBETs is designed to take larger Shared Governance Council initiatives and drilling them down to the floor. So, the nurses on each floor should be looking at their unit-specific professional development, and confronting their unit quality and operational issues in that context.

When that’s done, Share Governance is not merely a top-down exercise. It is, instead, a dynamic, productive, ongoing conversation and debate among dedicated healthcare providers who are taking active ownership of their practices.

### UBETs At-Large Representatives

Mary Gaydos, RN  
Keith Leigh, RN

### UBETs Northlake Representatives

Tyra Barnes, RN  
Kaysee Cieslak, RN  
Melissa Ganser, RN  
Makayla Houser, RN  
Yoledyah Lloyd, RN  
Taylor Sears, RN  
Yesenia Torres, RN  
Stephanie Valdovinos, RN  
Mentor: Frank Bradtke, RN

### UBETs Southlake Representatives

Mary Gaydos, RN  
Dave Hartford, RN  
Brittany Havens, RN  
Kelly Komoscar, RN  
Keith Leigh, RN  
Carrie Martin, RN  
Mariana Milosevic, RN  
Tiffany Strange, RN  
Roz Thomas, RN  
Renee Thurman, RN  
David Vandover, RN  
Mentor: Julie Kerns, RN



“Shared governance is about working with the management team to identify those key issues and to seek solutions together,” said Director of Nursing Professional Development Mary Jo Valentine, MSN, RN, NEA-BC.

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To promote that critical dialogue, UBETs At-Large meets on the same day as Shared Governance to report what each unit is working on.

“Individual units should be working on things that are very similar to what the Shared Governance Council is looking at, with much more focus and intent on making improvements on their units.” said Valentine.

Another UBETs at-large representative, Mary Gaydos, RN, knew UBETs was a good thing when she learned about it in orientation three years ago, when she came to Methodist.

“I knew from the very start that it makes a lot of sense to get the nurses involved in making the changes that have

to be made,” Gaydos said. “It’s good to take what our fellow nurses are saying to us to a group that includes representatives of other units and administration, and that we’re being listened to.”

The continued success of Share Governance in general, and UBETs specifically, depends on the active participation of Methodist Hospitals nurses who seek to own their practices.

“We need to encourage focused assessment of our issues,” Valentine said. “UBETs is really about autonomy. We nurses have the power within us to inspire change at Methodist Hospitals to improve care in individual units and ultimately across the whole institution.”

## Meet Frank Bradtke our new Northlake Assistant Vice President, Patient Care Services

Methodist Hospitals welcomes Frank Bradtke, DNP-L, RN, NEA-BC, CENP, our new Northlake Assistant Vice President, Patient Care Services.



Frank has more than 30 years of nursing leadership experience and most recently served as CNO and CCO at Vibra Hospital of Northwest Indiana, and previously had leadership roles at Chicago Family Health Center, Advocate Trinity Hospital and Ingalls Memorial Hospital. He is an experienced expert in patient experience, technology integration in clinical care, nurse engagement and professional development, nursing operations and physician relations.

Frank earned a Doctor of Nursing Practice-Leadership degree at St. Francis Medical Center College of Nursing, a MS in Administration from Notre Dame and a BS in Nursing from IU Northwest. He is Nursing Executive Advanced-Board Certified by the American Nurse Credentialing Center and is certified in Executive Nursing Practice by the American Organization of Nurse Executives Credentialing Center.

## News & Notes

We’re pleased to welcome these new members of our team...



■ Welcome to 3W2 Orthopedics:

**Cynthia Davidson, RN**  
**Breanna Shannon, CNA**  
**Lisa Coleman, CNA**

■ Welcome to 2W3 IMCU:

**Jodi Zellon, RN**

■ Welcome to SLC ICU:

**Jessica Heflin, RN**

### Don’t miss the Scrubs on Wheels Scrubs Sale

■ **Southlake Campus**  
Auditorium  
Monday, November 7  
7am-4pm

■ **Northlake Campus**  
South Pavilion Auditorium  
Tuesday, November 8  
7am-4pm

