

THE lamp LIGHTER

Methodist Hospitals Nurse Newsletter • Oct. 2023



THE PATHWAY TO EXCELLENCE

LEADERSHIP

SAFETY

QUALITY

WELL-BEING

PROFESSIONAL DEVELOPMENT

SHARED DECISION-MAKING

Embarking on Path to Excellence: A Journey of Nursing Excellence

Methodist Hospitals is taking a significant stride towards enhancing the quality of patient care by initiating our quest to earn the prestigious Pathway to Excellence® designation from the American Nurses Credentialing Center (ANCC).

“This endeavor underscores our unwavering commitment to fostering a positive work environment for nurses and, in turn, elevating the overall patient experience,” said Marla Hoyer-Lareau, RN, BSN, MHA, Senior Vice President, Chief Nursing and Operations Officer.

The Pathway to Excellence program is a rigorous designation awarded to healthcare organizations that demonstrate a dedication to empowering and supporting their nursing staff. Achieving this recognition will signify Methodist Hospitals’ commitment to upholding the highest standards of nursing practice, ultimately benefiting both patients and the healthcare community.

A key pillar of Methodist Hospitals’ journey to Pathway to Excellence status is creating a work environment that promotes nurses’ professional development and job satisfaction. By fostering a culture of ongoing learning and growth, we will not only attract top nursing talent but also retain our existing team of remarkable nurses.

Furthermore, Methodist Hospital is committed to nurturing a culture of nurse-led innovation and collaboration.

“Our nurses are often at the forefront of patient care,” Hoyer-Lareau said, “and by empowering them to contribute their expertise and insights, Methodist aims to continuously improve our healthcare delivery. This initiative is not just about achieving a designation; it’s about fostering a culture of excellence and patient-centered care that becomes an integral part of our DNA.”

Patient care at Methodist Hospitals will undoubtedly benefit from this pursuit of excellence. When nurses are supported, engaged, and equipped with the resources they need, patients receive better care, experience improved outcomes, and report higher levels of satisfaction.

The effort to earn Pathway to Excellence status will begin in earnest in the coming year. In the meantime, please visit [MethodistHospitals.org/SG](https://www.methodisthospitals.org/SG) to complete our online form to join a Shared Governance committee and help us build a better Methodist Hospitals together.



7 Steps to Preventing Hospital-Acquired Pressure Injuries

Because HAPIs are painful and potentially life-threatening conditions that can affect patients during their hospital stays, it's crucial for Methodist Hospitals nurses to take proactive measures to prevent these injuries. Here are seven essential steps to keep in mind:

1

Assessment: Regularly assess each patient's skin for signs of pressure injuries. Pay attention to bony prominences, such as heels, elbows, and sacrum.

2

Repositioning: Change a patient's position every 2 hours to relieve pressure on vulnerable areas.

3

Skin Care: Keep skin clean, dry, and well-moisturized. Avoid harsh soaps and use gentle cleansers. Use barrier creams to protect high-risk areas.

4

Nutrition: Ensure patients receive adequate nutrition and hydration to promote tissue healing. Consult with a dietitian when necessary.

5

Education: Educate patients and their families about HAPI prevention. Encourage them to shift positions if possible and report discomfort promptly.

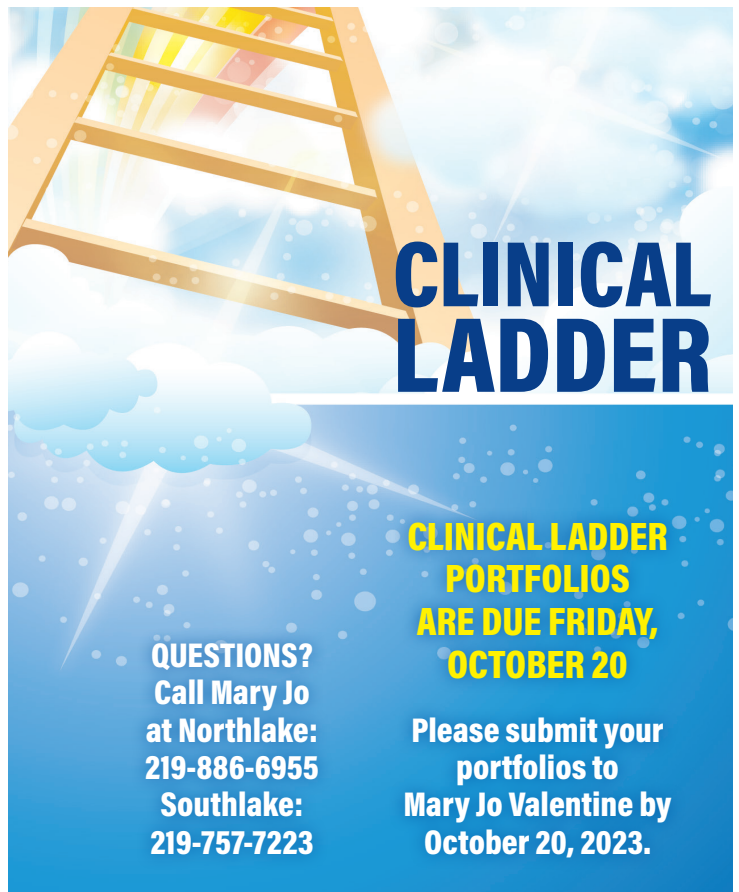
6

Pressure-Relieving Devices: Use pressure-relieving devices, such as heel protectors and pressure-reducing overlays, as appropriate.

7

Documentation: Accurate and thorough documentation is crucial to track skin changes and interventions.

By following these guidelines, Methodist Hospitals nurses can significantly reduce the risk of hospital-acquired pressure injuries while promoting patient wellbeing and safety.



CLINICAL LADDER

CLINICAL LADDER PORTFOLIOS ARE DUE FRIDAY, OCTOBER 20

QUESTIONS?
Call Mary Jo
at Northlake:
219-886-6955
Southlake:
219-757-7223

Please submit your portfolios to Mary Jo Valentine by October 20, 2023.



INDIANA NURSING LICENSE RENEWALS DUE OCTOBER 31

Renewal Fee: \$50
Visit MyLicense.IN.gov to renew online

Those who fail to renew their license are unable to work as of 11/1/2023, and are subject to a \$50.00 late fee.



NURSING LICENSE



**METHODIST
HOSPITALS**
www.methodisthospitals.org

Northlake Campus 600 Grant Street, Gary, IN 46402 | 219-886-4000
Midlake Campus 2269 West 25th Avenue, Gary, IN 46407 | 219-944-4160
Southlake Campus 8701 Broadway, Merrillville, IN 46410 | 219-738-5500