



THE lamp LIGHTER

Methodist Hospitals Nurse Newsletter • May 2025

NURSES WEEK 2025: Celebrating the Power of Nurses



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Each year in May, we proudly celebrate Nurses Week—a dedicated time to recognize the extraordinary contributions nurses make in the lives of our patients, their families, and the broader community.

At Methodist Hospitals, we understand that this celebration is more than tradition—it's a meaningful reminder of the vital role our nurses play in delivering safe, compassionate, and expert care.

This year's theme, The Power of Nurses, perfectly captures the spirit and strength that define our profession. Nurses bring power to every shift, every interaction, and every life they touch. It is a power rooted in clinical excellence, emotional resilience, leadership, and a deep commitment to others. Nurses don't just care for patients—they advocate, educate, innovate, and inspire.

Your presence is a source of comfort during difficult times and a force of hope and healing in our hospital and community.

At Methodist Hospitals, we deeply appreciate the dedication and heart our nurses bring to their work

every day. You are essential to everything we do—from improving outcomes and enhancing patient experiences to creating a supportive environment for your colleagues and advancing the nursing profession itself. This Nurses Week, we want to celebrate you.

We have planned a variety of events to honor your hard work, passion, and professionalism. These activities are outlined on page 3 of this edition of the Lamplighter. They are designed not only to say thank you, but to also lift your spirits and foster the camaraderie that makes our nursing team so strong.

Whether you work at the bedside, in a leadership role, in support services, or behind the scenes, you are making a difference—and we see you.

*Let this week serve
as a reminder of your
incredible impact.
Thank you for
choosing to be a
nurse. Thank you
for choosing
Methodist
Hospitals.*



2025

Congratulations to Our April Daisy Award Recipients



Methodist Hospitals is proud to honor two outstanding Emergency Department nurses as our April Daisy Award recipients:

Daniel Courtney, RN, of the Northlake Emergency Dept., and Tam Tran, RN, of the Southlake Emergency Dept.

Daniel was nominated by a grateful patient who praised his attentiveness, warm demeanor, and consistent availability.



"Dan is an extraordinary nurse who was very attentive," his patient wrote.

"He welcomed me with his down-to-earth demeanor and was always available when I needed additional care," His knowledge and helpfulness made a lasting impact during that patient's stay.

At Southlake, Tam was recognized for the compassionate and skilled care she provided during a patient's time of crisis.



"From the moment Tam entered the room, she displayed exceptional nursing skills but also a profound sense of empathy and kindness," the patient wrote. "She patiently explained every part of care, ensuring that we understood the purpose of each test and intervention.

Please join us in congratulating Dan and Tam for embodying the values of excellence, empathy, and dedication that define the Daisy Award and our nursing profession.

Lisa Barnes Promoted to Unit Manager of 3W3 and 3W1

Please join us in congratulating Lisa Barnes on her recent promotion to Unit Manager of 3W3 Renal Med/ Surg and 3W1 Inpatient Rehab at the Southlake Campus. Lisa officially stepped into her new role in early April and brings more than 30 years of nursing experience to this position.



Having previously served as a house manager for the past two years, Lisa is no stranger to leadership at Methodist Hospitals. Her deep connection to the organization dates back to when she started her career here at age 19.

"Methodist has always been my home," Lisa said. "No matter where I went, I always felt drawn back."

Lisa's immediate goals include fostering team cohesion on 3W3 and immersing herself in the rehab environment of 3W1, a new area of focus in her extensive nursing career.

***"Nursing is a team sport,"
she emphasized.***

***"To deliver excellent care,
we must support one another."***

With a strong belief in collaboration and a passion for patient-centered care, Lisa is committed to enhancing the patient experience and strengthening both teams through trust, unity, and mutual respect.

Please join us in welcoming Lisa to her new leadership role.



The Power of Nurses™



METHODIST
HOSPITALS

NURSING DEPARTMENT

Celebrate National Nurses Week | May 5–12, 2025

Mon., May 5	<i>Magical Monday</i> Disney Inspired Day	7am-8pm SLC Auditorium <i>Massage Therapy</i> (Requires preregistration on the Nursing Activities Calendar)	
Tues., May 6	<i>Team Spirit Day</i> SLC: Methodist Blue Day NLC: Sports Day	7am-8pm NLC Auditorium <i>Massage Therapy</i> (Requires preregistration on the Nursing Activities Calendar)	2pm SLC Cafeteria <i>Nursing Awards Presentations</i> • Nursing Excellence Award • Outstanding Caregiver Award • Friend of Nursing Award
Wed., May 7	<i>Team Spirit Day</i> NLC: Methodist Blue Day SLC: Sports Day	11am NLC Cafeteria <i>Nursing Awards Presentations</i> • Nursing Excellence Award • Outstanding Caregiver Award • Friend of Nursing Award	
Thurs., May 8	<i>We are ALL Superheroes!</i> Be your favorite Superhero for a day	NLC (9am) & SLC (11am) <i>Blessing of the Hands</i> Chaplains will round on the floors	2pm & 8pm <i>Ice Cream Social</i> Managers will round on the floors
Fri., May 9	<i>Show Off Your Specialty</i> Unit Specialty T-shirt Day		<i>Unit Potlucks</i> Time varies by unit

Student-to-Nurse Networking Event Sparks Recruitment Success



Methodist Hospitals nurse recruiter, Debra Rudovich prepares the welcoming table at the recent Student-to-Nurse Networking Event.

Methodist Hospitals recently hosted a successful Student-to-Nurse Networking Event on April 10, at Cooper's Hawk Winery & Restaurant in Merrillville.

The event offered an engaging platform for students to connect with Methodist nursing leaders, explore job opportunities, and

learn more about the hospital's supportive work culture, including tuition reimbursement, clinical ladder bonuses, shared governance, and live-work balance options.

The response was overwhelmingly positive—and results came quickly. In less than two weeks after the event, two nursing students have already accepted positions at Methodist Hospitals, marking the event as a successful step in building the next generation of nursing talent. We look forward to welcoming more new nurses from this promising class.

ACLS & PALS Recertification Update

A process change is coming for ACLS and PALS recertification.

Staff currently assigned these courses in HealthStream must complete both the online and return demonstration portions by May 30. Beginning June 1, all recertification will shift to a 4-hour in-person class held at the Regional Coordination Center (RCC). Class sign-up will remain available on the Nursing Education Calendar. For questions, please contact Tom Kulick at tkulick@methodisthospitals.org or Mary Jo Valentine at mvalentine@methodisthospitals.org.

Thank you for your cooperation as we transition to this updated training format.

IT UPDATE

Epic Enhancements to Support Your Workflow

We recently updated Epic to the latest version on April 24. Here are some of the new features designed to make documentation faster and more efficient for our nursing team:

- **OPA (OurPractice Advisory):** Best Practice Alerts (BPAs) are now known as OurPractice Advisories (OPA), reflecting a more collaborative approach to clinical decision support.
- **Time-of-Day Checkmarks on AVS:** Checkmarks are now automatically added to the After Visit Summary, saving you extra clicks.
- **Continuous Orders:** Orders with continuous frequencies, such as restraints and telemetry, are now automatically discontinued when they expire.
- **ROVER Updates:**
 - You can now document education tasks directly from the Brain and Worklist.
 - Complete first dose education documentation more easily at the bedside via the MAR in ROVER.
- **Macros are Delivering Greater Efficiency:** Nurses saved more than 266,000 clicks in March by using MACROS, which allow you to quickly pull in the most commonly documented data with a single click.

Thank you for embracing these updates to enhance patient care and improve your workflow!



Suzanne Bernat, RN | Southlake, 3W2 is our Apple Watch Winner

Suzanne was among several Methodist Hospitals nurses who have agreed to receive Nursing Department communications via text messages cell numbers and/or via emails to their personal email addresses.

You can STAY CONNECTED, too.
Just scan this QR Code to sign up.



www.methodisthospitals.org