



**METHODIST**  
HOSPITALS

**Community Health  
Needs Assessment  
2026 - 2028**





## REPORT SECTIONS

- 1** METHODIST HOSPITALS INFORMATION
- 2** OUR COMMUNITY
- 3** HEALTH INDICATORS
- 4** COMMUNITY AND LEADER SURVEY / RESULTS
- 5** 2026 - 2028 PRIORITIES
- 6** APPENDIX - COMMUNITY RESOURCES



**1**

**METHODIST HOSPITALS  
INFORMATION**

# About the CHNA

This report provides findings from the Community Health Needs Assessment (CHNA), a comprehensive review of health data and community input on health issues relevant to the community served by Methodist Hospitals. The assessment covers a large range of topics, but is not a complete analysis of any one issue. Rather, this data helps to identify priorities which lead to productive community discussions and the creation of goals and objectives. We invite you to investigate and use the information in this report to move toward solutions for healthier communities.

This report meets the current Internal Revenue Service's requirement for tax-exempt hospitals, which is based on the Patient Protection and Affordable Care Act of 2010. Based on the findings in this report, Methodist Hospitals develops a three-year plan for activities we will undertake to better meet community health needs as capacity and resources allow.

The CHNA collected input from persons representing the broad interests of the overall community, including those with specialized knowledge of, or expertise in, public health and residents of the communities the hospital serves. Data from a variety of federal, state, and local entities were also reviewed.

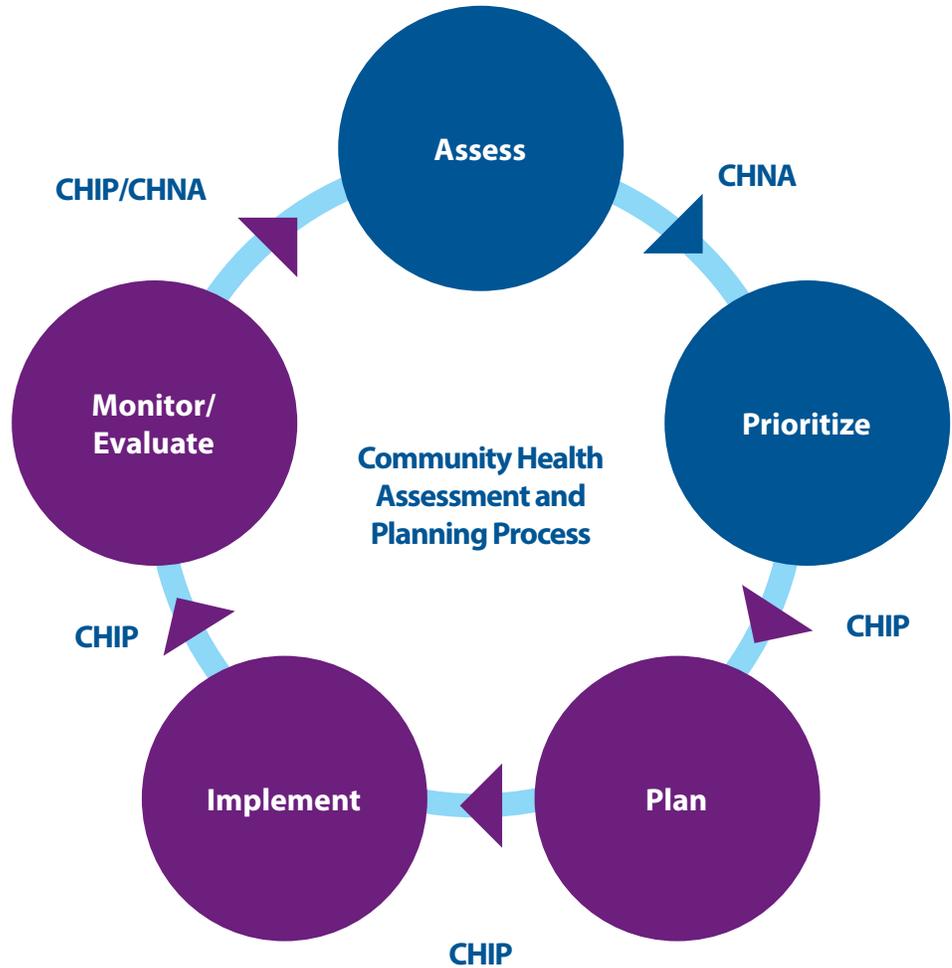
You'll find this document organized in such a way as to guide you through the community. Most importantly, please see section 5, where we share our priorities for improving community health in 2026-2028. We think it's important to be transparent, and we invite others to join us as we know improving health is a total community effort.

Yours in health,

Methodist Hospitals

## THE PROCESS

Every three years, Methodist Hospitals takes time to assess the health needs of the communities it serves. This assessment allows us to prioritize our resources to implement programs that address these needs with evidence based practices. Throughout each three year cycle, staff evaluate and monitor the effectiveness of our programs. The priorities outlined in this report will form the bases for a plan called the Community Health Improvement Plan (CHIP).



**TENTATIVE TIMELINE FOR THE NEXT THREE YEAR  
CYCLE OF ACTION PLANS:**



Methodist Hospitals is improving the health of communities in Northwest Indiana, implementing patient-centered initiatives that include investing in the latest treatments, technologies, and safety programs. Methodist also has a strong tradition of community outreach. In 2024, Methodist provided \$121.7 million in charity care, uncompensated care and physician and community services.

With a primary service area of Lake county, Methodist's two full-service campuses are just 14 miles apart. The Northlake Campus is located in Gary and the Southlake Campus in Merrillville, the heart of a large, growing suburban area and one of the Midwest's busiest retail centers. Each of our hospital campuses is comprised entirely of private rooms.

Our outpatient facility, the Midlake Campus in Gary, is conveniently located between the Northlake and Southlake campuses just off of Interstate 80/94. Since 2003, Midlake's Rehab Center has provided exceptional outpatient rehabilitation services. Physician offices and other services are also located at this facility. A growing network of Immediate Care Centers, physician practices and other facilities has extended our services to Crown Point, Schererville and Valparaiso, with additional locations in the planning stages.

Methodist Hospitals is a not-for-profit, community-based healthcare system, which is governed by a 16-member Board of Directors. Methodist Hospitals is also a strong advocate for the continued physical, emotional and economic well-being of the residents in the many communities we serve. 100% of profits are reinvested to improve patient care.

Website: [www.methodisthospitals.org](http://www.methodisthospitals.org)

2024 Inpatient Admissions: 12,192

2024 Outpatient Visits: 175,852

2024 ED Visits 2018: 69,110

2024 Employees: 2,412

2024 Medical Staff: 590

### **NORTHLAKE CAMPUS**

600 Richard Gordon Hatcher Blvd., Gary, IN 46402  
(219) 886-4000

### **SOUTHLAKE CAMPUS**

8701 Broadway, Merrillville, IN 46410  
(219) 738-5500

## OUR MISSION

Our mission is to provide compassionate, quality health care services to all those in need.

## OUR VISION

Our vision is to be the best place for employees to work, the best place for patients to receive care and the best place for physicians to practice medicine.

## OUR VALUES

ICARE – Integrity, Compassion, Accountability, Respect, Excellence



**NORTHLAKE CAMPUS  
GARY**



**MIDLAKE CAMPUS  
GARY**



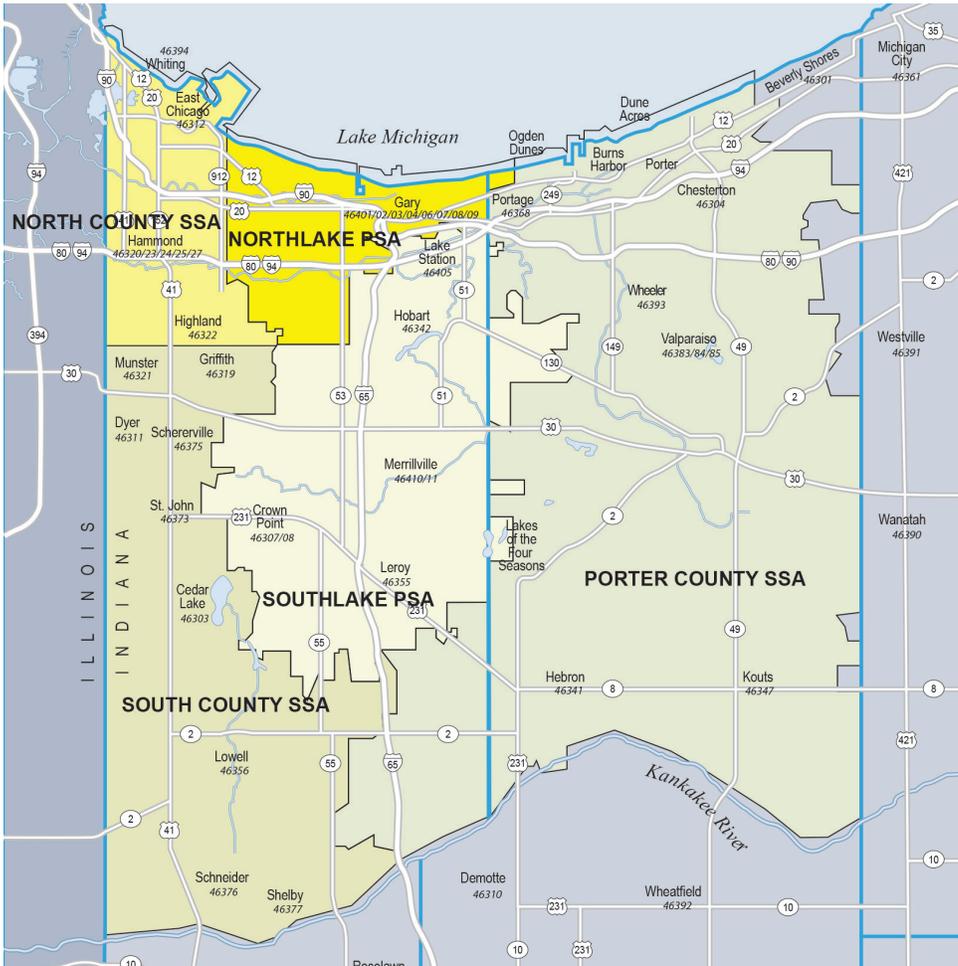
**SOUTHLAKE CAMPUS  
MERRILLVILLE**



## 2 OUR COMMUNITY

## OUR COMMUNITY

This section details the local community. The community profile contains information such as the geographic details, demographics, and social and economic well-being. Reviewing this information gives readers a sense of the community, including the strengths and challenges of daily living. Because of data constraints and the desire to offer the best snap-shot possible, the community profile may extend beyond the identified target communities for Methodist Hospital's community benefit operations.



### GEOGRAPHY

Lake County is part of Northwest Indiana and the Chicago metropolitan area, containing a blend of suburban, urban, and rural areas. The surrounding counties include Porter County (east), Jasper County (southeast), and Newton County (southwest). Lake County has a total surface area of 626.56 square miles of land and the remaining 127.60 square miles are water.

While Methodist Hospitals serves patients from across counties, our Northlake Campus is a safety-net hospital and the only hospital in Gary, Indiana.

### NORTHLAKE VERSUS SOUTHLAKE SERVICE AREAS

The Northlake PSA community faces some particular challenges and the health needs of its residents differ somewhat from those of the Southlake primary service area. For that reason we analyze community survey results separately for the Northlake and Southlake PSAs. However, much of the secondary data in the report is only available on a county level.

**FEDERALLY PROTECTED LAND**

The Indiana Dunes National Lakeshore is the only federally protected area in the county. The Indiana Dunes is a unit of the National Park System, which is managed by the National Park Service. The beautiful lakeshore stretches 25 miles across Lake County and ends in Chesterton, Indiana.



**AIRPORTS**

There are two public airports located in Lake County including the Gary-Chicago International Airport (GYG) and the Griffith-Merrillville Airport (O5C). The Gary-Chicago International airport has several major nearby highways including I-90, I-80, I-94, and I-65.

**MAJOR HIGHWAYS**

Interstates	U.S. Routes	State Routes
Interstate 65	U.S. Route 6	State Road 2
Interstate 80	U.S. Route 12	State Road 51
Interstate 94	U.S. Route 20	State Road 53
Indiana Toll Road	U.S. Route 30	State Road 55
	U.S. Route 41	State Road 130
	U.S. Route 231	State Road 152
		State Road 312
		State Road 912

## DEMOGRAPHICS OF THE NORTHLAKE SERVICE AREA

Compared with the state of Indiana and Lake County as a whole, residents of the Methodist Hospitals Northlake primary service area are slightly more likely to be both over age 65 and under 18, more female, and are lower in income and education. They are more likely to live in poverty, to be without health insurance and to have a disability. In Gary, the population is 76.5% black. In East Chicago, more than half are Hispanic.

	Gary	East Chicago	Lake Station	Lake County	Indiana	U.S. Total
<b>Age</b>						
Under 18	28.3%	25.8%	24.7%	22.7%	22.9%	21.5%
65+	18.6%	14.8%	12.5%	18.8%	17.5%	18%
<b>Gender</b>						
Female	53.5%	50.2%	48.8%	51.4%	50.4%	50.5%
Male	46.5%	49.8%	51.2%	48.6%	49.6%	49.5%
<b>Race</b>						
White/non-Hispanic	10.3%	6.6%	61.1%	51.4%	75.2%	57.5%
Black	76.5%	37.4%	2.8%	24.5%	10.6%	13.7%
Hispanic	9.8%	56.5%	31.1%	21.6%	9.1%	20%
Other	3.4%	0.5%	5%	2.5%	5.1%	8.8%
<b>Education</b>						
High School+	86%	73.7%	79.6%	90.2%	90.2%	89.4%
College degree+	14.3%	9.9%	8.7%	24.9%	28.8%	35%
<b>Median income</b>	\$37,380	\$41,071	\$56,306	\$68,985	\$70,051	\$78,538
<b>Persons in poverty</b>	32.9%	27%	16.7%	14.3%	12.2%	10.6%
<b>Persons with a disability (Under 65)</b>	14%	12.4%	12.8%	9.6%	10.1%	9.1%

2019-2023, 2024 Census.gov Quick Facts

## DEMOGRAPHICS OF THE SOUTHLAKE SERVICE AREA

Compared with the state of Indiana, Lake County as a whole, and the Northlake service area, residents of the Methodist Hospitals Southlake primary service area tend to have higher income and education levels and fewer residents living in poverty. Except for Merrillville, these communities are about 70% white. Merrillville has a relatively higher percentage of black and Hispanic residents and a lower median income.

	Merrillville	Hobart	Crown Point	Schererville	Lake County	Indiana	U.S. Total
<b>Age</b>							
Under 18	21.3%	21.8%	25.4%	19.8%	22.7%	22.9%	21.5%
65+	20.6%	14.7%	17.4%	20.4%	18.8%	17.5%	18%
<b>Gender</b>							
Female	51.5%	51.9%	50.9%	51.4%	51.4%	50.4%	50.5%
Male	48.5%	48.1%	49.1%	48.6%	48.6%	49.6%	49.5%
<b>Race</b>							
White/non-Hispanic	34.3%	65.6%	74.6%	69.6%	51.4%	75.2%	57.5%
Black	45.2%	14.1%	8.6%	8.2%	24.5%	10.6%	13.7%
Hispanic	15.6%	16.9%	12%	15%	21.6%	9.1%	20%
Other	4.9%	3.4%	.8%	7.2%	2.5%	5.1%	8.8%
<b>Education</b>							
High School+	92.2%	94.2%	93.6%	95.9%	90.2%	90.2%	89.4%
College degree+	25.2%	22.6%	34.9%	33.7%	24.9%	28.8%	35%
<b>Median income</b>	\$64,791	\$71,680	\$95,757	\$86,020	\$68,985	\$70,051	\$78,538
<b>Persons in poverty</b>	13.7%	13.4%	6.8%	8%	14.3%	12.2%	10.6%
<b>Persons with a disability (Under 65)</b>	9.5%	9.5%	7.1%	5.0%	9.6%	10.1%	9.1%

2019-2023, 2024 Census.gov Quick Facts



### 3 HEALTH INDICATORS

## HEALTH INSURANCE COVERAGE

While Gary and East Chicago, and to a lesser extent Hobart, still have higher percentages of uninsured than other Lake and Porter County communities, the number of uninsured has been cut by half or more since 2015. This is true across all the communities below.

### NORTHLAKE SERVICE AREAS

Persons with No Health Insurance	Gary	East Chicago	Lake County	Indiana	U.S. Total
2015	21.60%	23.60%	14.70%	13.80%	9.1%
2021	11.80%	12.70%	8.10%	8.90%	9.80%
2023	8.9%	11.1%	7.3%	7.5%	8.2%

### SOUTHLAKE SERVICE AREAS

Persons with No Health Insurance	Merrillville	Hobart	Crown Point	Schererville	Valparaiso
2015	21.60%	23.60%	14.70%	13.80%	9.1%
2021	11.80%	12.70%	8.10%	8.90%	9.80%
2023	5.3%	8.0%	3.3%	3.9%	4.9%

## OVERALL HEALTH STATUS OF LAKE COUNTY INDIANA

The 2023 State Health Rankings, a collaboration of the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute, are designed to help counties understand what influences how healthy residents are and how long they will live. The rankings measure the current overall health of each county. They also look at a variety of measures that affect the future health of communities, such as high school graduation rates, access to healthy foods, rates of smoking, obesity, and teen births.

In 2023 compared to 2015 and 2021, Lake County continues to rank near the bottom of Indiana’s 92 counties on the overall measure of Health Factors and especially on its component scores for social and economic factors, and physical environment. However, there has been some improvement in its ranking on clinical care vs 2021. On health behaviors, Lake County’s rank has dipped vs 2021 but is still better than 2015.

Lake County continues to improve on Health Outcomes, which is comprised of measures of length and quality of life. Rankings for 2024 were not yet available at the time this report was produced.

## LAKE COUNTY HEALTH RANKINGS (AMONG 92 COUNTIES)

Characteristic	Rank in 2015	Rank in 2021	Rank in 2023
<b>Health Outcomes</b>	<b>85</b>	<b>75</b>	<b>67</b>
Length of Life	64	65	68
Quality of Life	92	81	67
<b>Health Factors</b>	<b>91</b>	<b>88</b>	<b>87</b>
Health Behaviors	92	35	54
Clinical Care	56	79	60
Social and Economic Factors	89	90	90
Physical Environment	86	92	89

## UNEMPLOYMENT IN LAKE COUNTY INDIANA

The unemployment rate as of August 2025 in Lake County is higher than the state or national rate:



([www.stats.indiana.edu](http://www.stats.indiana.edu), US bureau of Labor Statistics)

## TOBACCO USE

Adult smoking is defined as the percentage of the adult population that currently smokes every day or most days and has smoked at least 100 cigarettes in their lifetime. Both Lake County and the State of Indiana as a whole have slightly higher smoking rates than the US as a whole.



(Indiana County Health Rankings, 2024)

## ALCOHOL AND SUBSTANCE ABUSE

While the percentage of Lake County adults who report excessive drinking is slightly lower than the state as a whole, the percentage of Lake County driving deaths where alcohol was involved is significantly higher than the state average. The rate of deaths due to drug overdoses is slightly lower in Lake County than Indiana as a whole. Both Lake County and the State of Indiana have a higher drug overdose rate than the US as a whole.

	Lake County	Indiana	U. S. Total
Excessive Drinking	17%	18%	18%
Alcohol-Impaired Driving Deaths (percent of total driving deaths)	27%	18%	26%
Drug Overdose deaths per 100,000	33%	34.2%	27%

(Indiana County Health Rankings, 2024), Fatal Overdose and Suicide Report 2023 - IN.gov

## LEADING CAUSES OF DEATH IN LAKE COUNTY INDIANA

Lake County Indiana has death rates higher than the state and national averages for heart disease, septicemia, diabetes, and kidney disease. More residents of Lake County also die by homicide, and drugs than do those in Indiana or the US as a whole. The cancer death rate in Lake County is lower than the state average but higher than the US average. Lake County residents are also less likely than others to die of Alzheimer’s Disease.

	<b>Lake County</b>	<b>Indiana</b>	<b>U.S.</b>
Heart Disease	204.0	186.7	145.4
Cancer	155.5	165.4	145.4
Accidents	68.0	67.3	59.7
Chronic Lower Respiratory Disease	43.7	53.9	35.9
Cerebrovascular Diseases	41.2	42.6	39.8
Diabetes	29.3	28.8	23.9
Alzheimer’s Disease	22.0	31.0	30.8
Kidney Disease	21.3	18.0	13.4
Homicide	19.4	8.9	7.6
Septicemia	17.8	12.0	10.0
Chronic Liver Disease/Cirrhosis	14.9	13.9	13.1
Suicide	13.2	15.8	13.9
Pneumonia	10.4	9.7	10.7
Influenza	0.9	1.4	1.1

Source: NIH National Institute on Minority Health and Health Disparities

## NUTRITION, PHYSICAL ACTIVITY AND WEIGHT

While more Lake County residents have access to exercise opportunities than Indiana and US residents overall, more are inactive and more are obese.

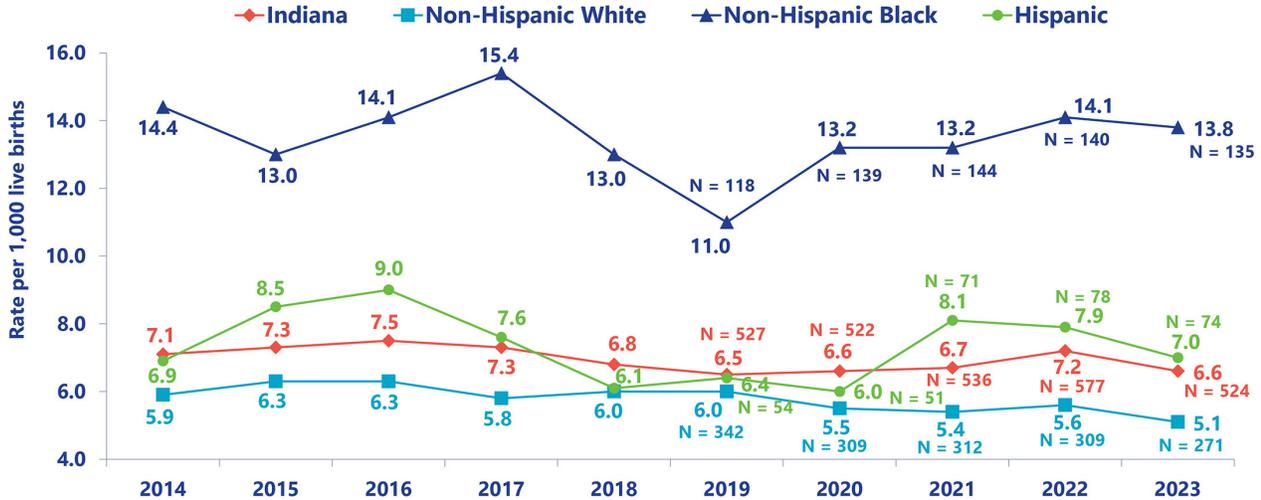
	<b>Lake County</b>	<b>Indiana</b>	<b>U.S.</b>
Adult Obesity	41%	37%	34%
Food Environment Index Score	7.5%	6.8%	7.7%
Percent of Residents who are Physically Inactive	26%	25%	23%
Access to Exercise Opportunities	93%	77%	84%

Indiana County Health Rankings 2023

INFANT MORTALITY RATES 2023

The State of Indiana’s Infant Mortality Rates have declined slightly in 2023 vs 2022. Across the state, infant mortality among Blacks is much higher than among Whites or Hispanics.

# Indiana IMRs by race and ethnicity 2014-2023



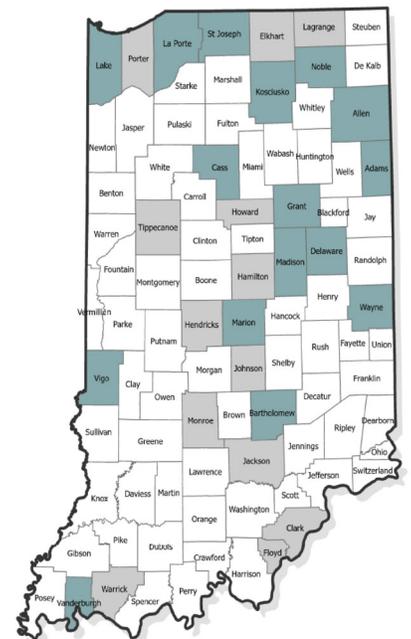
Source: Indiana Department of Health, Family Health Data and Fatality Prevention Division [November 13, 2024]  
Indiana Original Source: Indiana Department of Health, Vital Records, ODA, Data Analysis Team

## LAKE COUNTY INFANT MORTALITY RATES

Lake County ranks in the “High” category of Infant Mortality Rates among Indiana Counties.

During that period, the mortality rate in Lake County for Black Infants was 11.8 and Hispanic Infants at 6.9 per 1,000 births.

### County Infant Mortality Rates Compared to the State 2019 - 2023



### SECONDARY DATA GAPS AND CHALLENGES

Public health data and infrastructure is severely lacking in Indiana, as the state consistently ranks near the bottom in public health funding, service, and support. Much of the data used is from state and national collections that are only implemented every few years. Data may not reflect the current status of health. Also, as a home rule state, county data isn't always available or reliable. Zip code data rarely is available, except in national databases, such as the US Census Bureau.

Thus, most of this data is for Lake County as a whole, not for individual communities within Lake County. As evidenced by the demographic data for the Northlake and Southlake primary service areas, there are significant differences in income, education, poverty rates, rates of disability and health insurance coverage, as well as racial composition across these communities. It seems likely that data for Lake County overall obscures differences that may exist on health dimensions.

It is the team's hope that by using the available secondary data with the collected primary data, a relatively accurate picture of community health is presented.



## **4** COMMUNITY AND LEADER SURVEY / RESULTS

## PROCESS FOR 2026-2028 CHNA

Methodist Hospitals' CHNA community survey was conducted June through September 2025. In October, a Community Leader Survey was conducted to gain expert input from senior leaders in our community.

The information gathered from this research guided an adoption of an implementation strategy to address the identified community needs.

## KEY DEADLINES FOR METHODIST:

- December 1, 2025 - Board approval of the Assessment and key barriers to be addressed in the implementation plan
- December 31, 2025 - CHNA reports placed on hospital web site
- May 15, 2026 - IRS deadline for implementation tactical plan

## WHO PARTICIPATED IN THE CHNA:

Community Health Needs Assessment Survey - **813 Total Survey Sample**

- Northlake Primary Service Area - 264
- Southlake Primary Service Area - 389
- Northlake and Southlake Secondary Service Area - 225

Segment	N Size	Error Range
<b>AGE</b>		
Under 45	54	± 13%
45-64	268	± 6%
65+	389	± 5%
<b>SERVICE AREA</b>		
Northlake (NLC) Primary	264	± 6%
Southlake (SLC) Primary	389	± 5.6%
NLC/SLC Secondary	225	± 6.5%
Other	20	

## TOP 4 HEALTH CONCERNS

Ages Under 45	Ages 46-64	Ages 65+
<ol style="list-style-type: none"> <li>1. Mental Health</li> <li>2. Alcohol/Drug Abuse</li> <li>3. Diabetes/High Blood Sugar</li> <li>4. Overweight/Obesity</li> </ol>	<ol style="list-style-type: none"> <li>1. Diabetes/High Blood Sugar</li> <li>2. Heart Disease/High Blood Pressure</li> <li>3. Overweight/Obesity</li> <li>4. Mental Health</li> </ol>	<ol style="list-style-type: none"> <li>1. Diabetes/High Blood Sugar</li> <li>2. Heart Disease/High Blood Pressure</li> <li>3. Aging/Older Adult Needs</li> <li>4. Mental Health</li> </ol>
NLC PSA	SLC PSA	SSAs
<ol style="list-style-type: none"> <li>1. Diabetes/High Blood Sugar</li> <li>2. Heart Disease/High Blood Pressure</li> <li>3. Mental Health</li> <li>4. Overweight/Obesity</li> </ol>	<ol style="list-style-type: none"> <li>1. Mental Health</li> <li>2. Diabetes/High Blood Sugar</li> <li>3. Heart Disease/High Blood Pressure</li> <li>4. Overweight/Obesity</li> </ol>	<ol style="list-style-type: none"> <li>1. Mental Health</li> <li>2. Diabetes/ High Blood Sugar</li> <li>3. Overweight/Obesity</li> <li>4. Heart Disease/High Blood Pressure</li> </ol>

## TOP 4 SOCIAL / ENVIRONMENTAL CONCERNS

Ages Under 45	Ages 46-64	Ages 65+
<ol style="list-style-type: none"> <li>1. Access to Insurance</li> <li>2. Lack of Job Opportunities</li> <li>3. Availability/Access to Doctors</li> <li>4. Poverty / Transportation</li> </ol>	<ol style="list-style-type: none"> <li>1. Access to Insurance</li> <li>2. Lack of Job Opportunities</li> <li>3. Poverty</li> <li>4. Access to Doctors</li> </ol>	<ol style="list-style-type: none"> <li>1. Access to Insurance</li> <li>2. Lack of Job Opportunities</li> <li>3. Access to Doctors</li> <li>4. Transportation</li> </ol>
NLC PSA	SLC PSA	SSAs
<ol style="list-style-type: none"> <li>1. Lack of Job Opportunities</li> <li>2. Access to Insurance</li> <li>3. Access to Doctors</li> <li>4. Neighborhood Safety, Violence/Poverty</li> </ol>	<ol style="list-style-type: none"> <li>1. Access to Insurance</li> <li>2. Transportation</li> <li>3. Access to Doctors</li> <li>4. Lack of Job Opportunities</li> </ol>	<ol style="list-style-type: none"> <li>1. Access to Insurance</li> <li>2. Transportation</li> <li>3. Access to Doctors / Affordable Child Care</li> <li>4. Lack of Job Opportunities</li> </ol>

## OTHER HIGHLIGHTS

**Younger people are significantly more likely than others to report 6 or more days in the past month where their mental health was not good.**

- 53% compared to 21% of all respondents

**Cost and insurance issues are the top reasons given for not getting needed health care.**

- Too expensive/can't pay (78%) and no insurance (62%) are the top reasons given

- Insurance not accepted is mentioned by 33%, and transportation problems by 34%

**Access to healthy foods was not among the top health concerns cited in the new survey**

- But only 46% of NLC PSA respondents agreed that they have the ability to find healthy foods around where they live, versus 74% of those in the SLC PSA and secondary PSAs

- This is up slightly from 42% in 2022

2025 Methodist Hospitals Community Health Needs Assessment Community Survey Data									
	Total Sample	Zip Code			Gender		Age		
		NLC	SLC	Secondary	Men	Women	Under 45	45-64	65+
	n=813	n=264	n=389	n=225	n=154	n=554	n=54	n=268	n=389
<b>Top 3 Health Problems</b>	%	%	%	%	%	%	%	%	%
Alcohol/Drug Addiction	24	26	19	28	25	24	44	16	20
Mental Health-depression/anxiety	42	38	43	42	40	44	72	29	33
Diabetes/high blood sugar	44	51	42	37	44	45	32	46	45
HIV/AIDS	1	0	1	1	1	1	6	0	1
Lung disease/COPD	10	8	12	10	8	11	11	8	11
Smoking/tobacco use	8	7	8	10	8	8	15	8	7
Alzheimer's/Dementia	10	11	12	7	10	10	2	10	13
Cancer	25	21	24	28	30	23	11	24	27
Heart Disease/high blood pressure	38	41	39	32	38	39	28	38	41
Infant Death	1	1	1	1	1	1	0	1	1
Stroke	4	3	6	4	4	4	2	5	4
Overweight/obesity	28	21	29	35	33	28	30	34	26
Injuries/accidents	2	1	3	4	3	2	6	3	2
Aging/older adult needs	26	24	27	24	27	26	17	16	34
Access to healthy foods	7	13	4	3	3	7	7	8	5
COVID-19	1	1	2	1	3	1	4	0	2
Other	1	2	1	1	0	2	4	1	1
Don't Know/NA	8	8	8	8	7	7	2	5	8
<b>Top 3 Social/Environmental Problems</b>	%	%	%	%	%	%	%	%	%
Availability/Access to Insurance	34	32	33	33	31	36	43	36	33
Availability/access to doctor's office	25	26	24	21	23	26	30	23	26
Domestic violence	6	6	6	4	9	5	7	5	6
School dropouts/poor schools	9	14	6	5	9	9	9	9	9
Lack of Job Opportunities	28	41	20	18	25	30	31	28	28
Race/ethnic discrimination	12	14	14	8	12	12	15	10	14
Child Abuse/neglect	4	3	5	4	8	3	2	3	6
Lack of affordable child care	15	7	16	21	16	15	22	20	11
Housing/homelessness	18	22	14	17	15	21	22	21	18
Neighborhood safety/violence	19	24	17	13	24	18	13	21	19
Poverty	20	24	17	15	20	20	26	25	16
Limited places to exercise	9	14	5	8	8	10	9	7	10
Transportation problems	23	20	25	22	21	25	26	22	25
Sexual violence/assault/rape	2	2	2	3	3	2	9	1	3
Other	3	2	3	4	4	3	2	4	3
DK/NA	18	11	19	22	20	16	6	16	18

2025 Methodist Hospitals Community Health Needs Assessment Community Survey Data									
		Zip Code			Gender		Age		
	Total Sample	NLC	SLC	Secondary	Men	Women	Under 45	45-64	65+
	n=813	n=264	n=389	n=225	n=154	n=554	n=54	n=268	n=389
<b><u>Top 3 Reasons Community Members Don't Get Health Care</u></b>	%	%	%	%	%	%	%	%	%
Cost-too expensive/can't pay	78	75	73	72	82	78	83	83	76
No insurance	62	63	57	53	62	62	61	65	60
Lack of Transportation	34	41	31	23	32	35	44	37	32
Language barrier	3	1	4	2	2	2	7	2	2
Wait is too long	22	18	22	21	21	24	26	24	22
No doctor nearby	9	15	4	6	8	9	7	6	10
Insurance not accepted	33	24	36	34	35	35	31	34	35
Cultural/religious beliefs	6	9	4	3	8	5	9	3	7
Other	5	5	3	5	4	5	7	3	5
DK/NA	11	9	10	12	12	10	2	9	12
<b><u>Days in past 30 Mental Health Was Not Good</u></b>	%	%	%	%	%	%	%	%	%
None	37	35	31	33	51	33	7	24	50
One to five	32	30	28	27	24	35	35	38	28
Six to ten	9	5	11	9	5	10	18	11	6
More than ten	12	11	10	12	9	14	35	18	6
NA	9	19	20	19	10	9	4	9	9
<b><u>Access to Dentist</u></b>	%	%	%	%	%	%	%	%	%
Yes	90	72	83	84	90	90	89	91	90
No	6	8	4	4	6	6	7	6	5
NA	4	20	13	12	4	4	4	3	5
<b><u>DK/NA</u></b>	%	%	%	%	%	%	%	%	%
Yes	73	46	74	74	81	72	65	70	77
Sometimes	19	28	11	12	14	21	26	22	16
No	5	11	3	1	1	6	9	6	4
DK/NA	2	15	12	13	3	1	0	1	2

2025 Methodist Hospitals Community Health Needs Assessment Community Survey Data									
	Zip Code				Gender		Age		
	Total Sample	NLC	SLC	Secondary	Men	Women	Under 45	45-64	65+
	n=813	n=264	n=389	n=225	n=154	n=554	n=54	n=268	n=389
<b><u>In the Past Year, Have You:</u></b>	%	%	%	%	%	%	%	%	%
Been Homeless/lived in a shelter	1	1	0.3	0	1	0	6	0	0
Missed a medical appointment due to no transport	5	7	4	2	5	5	9	6	4
Missed other activity needed for daily Living due to no transport	6	11	2	2	5	6	11	6	5
Had a utility threaten to shut off service	7	10	5	4	5	7	13	12	3
Been Physically/sexually assaulted	1	1	0.3	0.4	1	1	6	1	0
Been emotionally abused or bullied	8	5	7	8	5	8	26	9	4
Worried that food would run out before having money to buy more	10	13	8	7	7	12	28	15	4
Run out of food before having money to buy more	6	8	4	5	3	7	17	8	4
Been unable to pay rent/mortgage on time	9	7	7	9	4	10	24	16	2
None of these	69	55	64	66	73	68	48	60	78
NA	7	7	8	4	11	6	4	8	7

LEADER SURVEY PARTICIPATION

Methodist Hospitals’ CHNA leader survey comprised of Northwest Indiana health care non profit providers, social services organizations, local government, educational institutions, media, and commercial business enterprises. Conducted in September, the survey resulted in 30 responses. The largest segment of responses generated from the health care non profit segment; 43%.

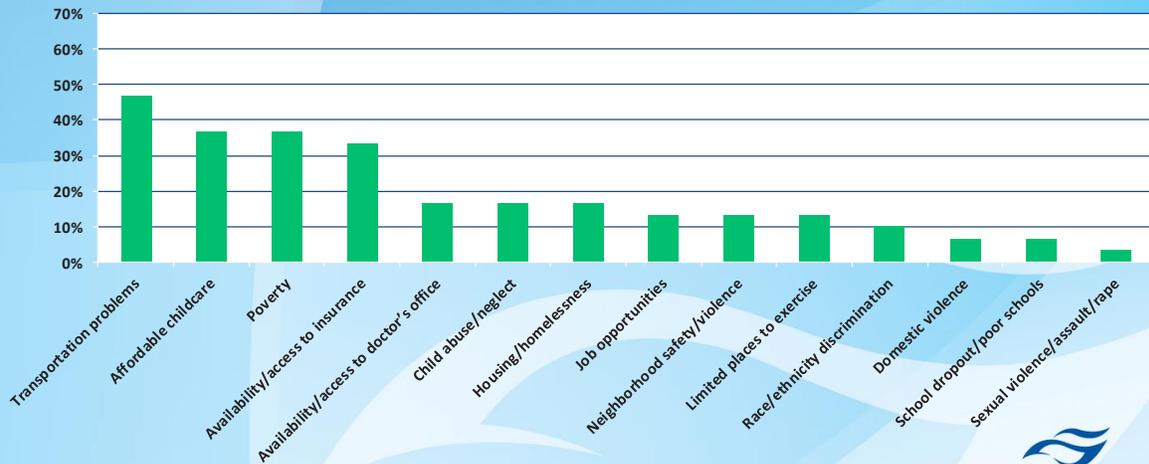
Organization	Percentage	Responses
Health Care Non-Profit	43.33%	13
Social Services	20%	6
Health Care Provider	13.33%	4
Government Body	10%	3
Business/Commercial	3.33%	1
Education Institution	3.33%	1
Media Outlet	3.33%	1
Other	Answered	1

LEADER SURVEY HIGHLIGHTS



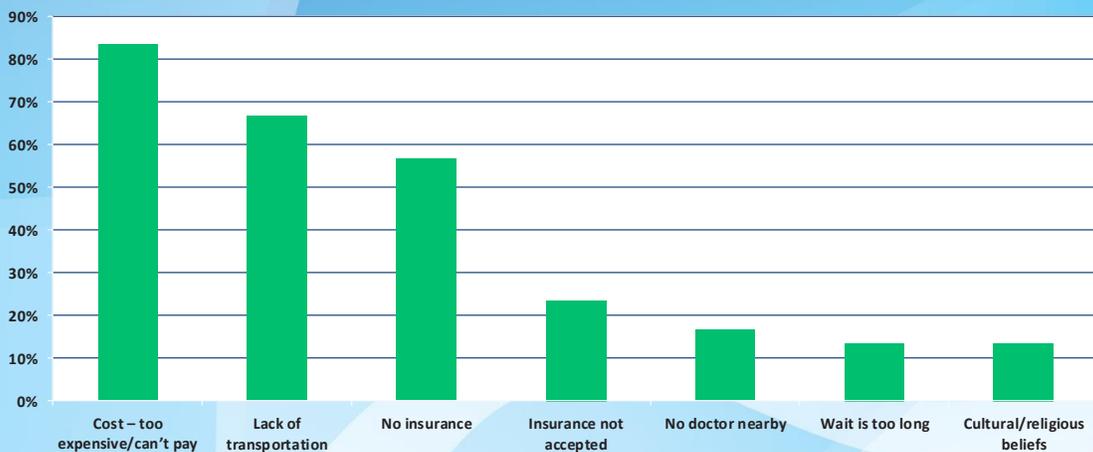
## Community Leader Survey Q4

Thinking about the communities you serve, what do you feel are the three most important social/environmental problems that affect the health of residents? (select 1-3)



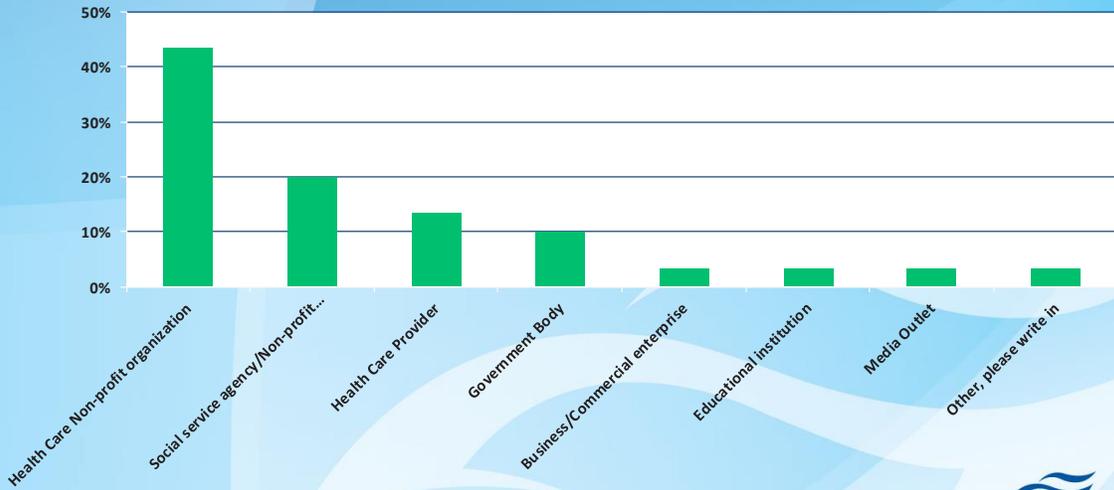
## Community Leader Survey Q7

What do you believe are the three most important reasons why people in your community do not get health care? (select 1-3)



# Community Leader Survey Q8

Which of the following types of organizations do you work in?





**5** 2026 - 2028  
PRIORITIES

### RECOMMENDATIONS FOR 2026-2028

- **Maintain current programs addressing:**
  - Infant mortality
    - While CHNA results did not register this as a top health concern, secondary data show it to be a significant problem in Methodist PSAs, especially among women of color
  - Access to Healthy Food
    - Nutrition Station program is having positive impact on patients with food insecurity
  
- **Main focus of CHNA programs in 2026-2028 should be:**
  - Heart disease and stroke
    - Although stroke not often mentioned, high blood pressure drives both
  - Diabetes
  - Overweight / Obesity
  - Behavioral Health
  
- **While Methodist has no direct influence on social and environmental factors that affect community health, we should maintain commitment to programs that are relevant:**
  - Commitment to expanding community access to physicians
  - Programs providing financial assistance to those less able to afford care
  - Programs to help address transportation problems of those seeking health care
  - Programs to improve the safety of those who enter our campuses and facilities
  - Programs that help job seekers within our communities
  - Commitment to equal treatment and opportunity for all, regardless of race or religion

### TIMETABLE FOR IMPLEMENTATION

May 15, 2026 • IRS DEADLINE





## 6 APPENDIX - COMMUNITY RESOURCES

Category	Facility Name	Address	Phone
<b>Adult Day Care Center</b>			
	Franciscan Adult Day Services	203 W Franciscan Dr, Crown Point, IN 46307	1-(219)-661-5200
	Great Lakes Adult Living	3700 Jackson St, Gary, IN 46408	<a href="tel:1-219-980-1839">1- (219)-980-1839</a>
	Independent Loving Care Solutions	744 Swallowtail Ct, Valparaiso, IN 46385	1-(219)-980-3434
	The Mary Lane Center	5217 Hohman Ave, Hammond, IN 46320	1- (219)-803-2103
	Opportunity Enterprises Inc.	2801 Evans Ave, Valparaiso, IN 46383	1-(219)-464-9621
	St Agnes Day Services Center	1859 Harrison Blvd, Valparaiso, IN 46385	1-219-477-5433
<b>Protective Services/Violence Prevention</b>			
	Adult Protective Services	2900 W.93rd Ave. Crown Point, IN 46307	1-219-755-3863
	Adult Protective Services - La Porte	813 Lincolnway, La Porte, IN 46350	1-219-326-6808
	Porter County Victims Assistance	3560 Willowcreek Rd, Portage, IN 46368	1-219-364-1312
	CPS Hotline		1-800-800-5556
	Lake County County Division of County Resources Broadway	661 Broadway, Gary, IN 46402	1-800-800-5556
	Porter County Division of Family Resources	2602 E Chicago St, Valparaiso, IN 46383	1-800-800-5556
	National Suicide Prevention Hotline		(8255)
	National Domestic Violence Hotline		(7233)
	National Runaway Safeline		(800-786-2929)
	American Red Cross of Northwest Indiana	791 83rd Ave, Merrillville, IN 46410	1-219-756-5360
	Gary Health Department	1145 W 5th Ave, Gary, IN 46402	1-219-882-5565
	Women's Care Center	8500 Broadway, Merrillville, IN 46410	1-219-472-8059
<b>Behavioral Health/Alcohol/Drug Services</b>			
	Indiana Center for Recovery	1578 E 85th Ave, Merrillville, IN 46410	1-844-470-1122
	Al-Anon	2410 W 78th Ave, Merrillville, IN 46410	1-219-769-1133
	Edgewater Health	1100 W 6th Ave, Gary, IN 46402	1-219-885-4264

	Gary Health Department	1145 W 5th Ave, Gary, IN 46402	1-219-882-5565
	Methodist Hospitals - Northlake Campus / Inpatient Psych	600 Grant Street, Gary, Indiana 46402	1-219-886-4740 / 1-219-886-4220
	Lake County Alcohol & Drug	2600 W 93rd Ave, Crown Point, IN 46307	1-219-755-3013
	Porter-Starke Services	601 Wall St, Valparaiso, IN 46383	1-219-531-3500
	Franciscan Health Dyer	24 Joliet St, Dyer, IN 46311	1-219-865-2141
	The Salvation Army Gary-Merrillville Corps Community Center	4800 Harrison St, Gary, IN 46408	1-219-887-6588
	The Salvation Army East Chicago Corps Community Center	513 W Chicago Ave, East Chicago, IN 46312	1-219-398-2939
	The Salvation Army of Northwest Indiana	8225 Columbia Ave, Munster, IN 46321	1-219-838-0380
	Serenity House of Gary Inc.	5157 Harrison St, Gary, IN 46408	1-219-980-1955
	Regional Health Systems	3903 Indianapolis Blvd, East Chicago, IN 46312	1-219-769-4005
	Regional Health Systems	1441 E 84th Pl, Merrillville, IN 46410	1-219-769-4005
	Moraine House, Inc.	353 Lincolnway, Valparaiso, IN 46383	1-219-464-9983
	Mental Health America		800-969-NMHA (6642)

## Health Non-Profit Organizations

	American Diabetes Association	National Call Center; 1701 Beauregard Street, Alexandria, Virginia 22311	1-800-342-2383
	American Cancer Society	5635 W 96th St Suite 100, Indianapolis, IN 46278	1-317-344-7800
	American Lung Association in the District of Columbia	1331 Pennsylvania Avenue NW #1425north, Washington, DC 20004	1-202-785-3355
	Arc Bridges	2650 W 35th Ave, Gary, IN 46408	1-219-884-1138
	BCH, Inc.	354 West St, Valparaiso, IN 46383	1-219-464-4111
	Center For Possibilities	22 Tyler Ave, Hobart, IN 46342	1-219-962-5751
	Porter County Council On Aging	1005 N Campbell St, Valparaiso, IN 46385	1-219-464-9736
	TradeWinds Services	3198 E 83rd Pl, Merrillville, IN 46410	1-219-945-0100
	Deaf Kids Services Inc	300 W 21st Ave #16, Gary, IN 46407	1-219-200-8453

	Down Syndrome Association Northwest Indiana	2167 Indianapolis Blvd, Schererville, IN 46375	1-219-838-3656
	National Kidney Foundation	911 E 86th St #100, Indianapolis, IN 46240	1-317-722-5640
	Northwest Indiana Community Action	5240 Fountain Dr, Crown Point, IN 46307	1-219-794-1829
	United Way of Northwest Indiana - Porter County Office	951 Eastport Center Dr, Valparaiso, IN 46383	1-219-464-3583

## Adoption/ Counseling Services

	Bethany Christian Services Bethany - Illiana	12416 S Harlem Ave #305, Palos Heights, IL 60463	1-708-385-4889
	Catholic Charities	940 Broadway, Gary, IN 46402	1-219-886-3549
	American Adoptions		1-800-236-7846
	Lake County County Division of County Resources Broadway	661 Broadway, Gary, IN 46402	1-800-403-0864
	Lutheran Social Services of Indiana	333 E Lewis St, Fort Wayne, IN 46802	1-260-426-3347
	Samaritan Counseling Center	8955 Columbia Ave, Munster, IN 46321	1-219-923-8110
	Shults-Lewis School	150 E 325 S. Valparaiso, IN 46383	1-219-464-7669
	The Villages of Indiana	1605 Adler Cir suite a, Portage, IN 46368	1-219-762-3465

## Credit Counseling

	Consumer Credit Counseling Services	800 E 86th Ave #B, Merrillville, IN 46410	1-219-980-4800
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## Housing Authorities and Shelters

	Gary Housing Authority	578 Broadway, Gary, In 46402	1-219-756-5360
	City Hall of East Chicago	4525 Indianapolis Blvd, East Chicago, IN 46312	1-219-391-8220
	Lake County Superior Court	15 W 4th Ave, Gary, IN 46402	1-219-881-6000
	Rainbow-Ark Shelter	455 Massachusetts St, Gary, IN 46402	1-219-883-4155
	Brother's Keeper	2120 Broadway, Gary, IN 46407	1-219-882-4459
	Brunswick Community Center (Warming Center)	775 Clark Road, Gary, IN 46406	219-944-1595
	Multipurpose Center (MPC)	1900 W. 41st Ave, Gary, IN 46408	1-219-880 -4900
	The Caring Place- Center For Change	607 Bullseye Lake Rd, Valparaiso, IN 46383	1-219-464-2128

	Capes House	662 Sibley St. Hammond, IN 46320	1-219 931-8223
	Claude Street Shelter For Families Hammond	5515 Claude Ave, Hammond, IN 46320	1-219-933-7013
	Crisis Center, Inc	101 Montgomery St, Gary, IN 46403	1-219-938-7070
	Fair Haven Rape Crisis Center- Northwest Indiana	2645 Ridge Rd, Highland, IN 46322	1-219-961-4357
	Hammond City Rescue Mission	527 State St #1533, Hammond, IN 46320	1-219-932-5085
	Shuler's Stable (Inside Hudson-Campbell Sports Center)	455 Massachusetts St, Gary, IN 46407	1-129-886-2814
	St Jude House	12490 Marshall St, Crown Point, IN 46307	1-219-662-7066
	Everybody Counts	9111 Broadway A, Merrillville, IN 46410	1-219-769-5055
	Sojourner Truth House	413 W. 13th Ave, Gary, IN 46407	1-219-885-2282

## Health Department

	Gary Health Department	1145 W 5th Ave, Gary, IN 46402	1-219-882-5565
	Lake County Health Department	2900 W 93rd Ave, Crown Point, IN 46307	1-219-755-3655

## HIV Testing/AIDS Services

	National Minority AIDS Council	1000 Vermont Ave NW, Washington, DC 20005	202-483-6622
	Aliveness Project the NWI	5261 Hohman Ave, Hammond, IN 46320	1-219-985-6170
	HIV Medical Services Office In Indiana		1-866-588-4948

## Federally Qualified Health Centers

	Community HealthNet Main Campus	1021 w. 5th Ave., Gary, IN 46402	1-219-880-1190
	Community HealthNet Miller	1015 Shelby St., Gary IN 46403	
	Community HealthNet Glen Park	3503 Martin L. King Dr. Gary, IN 46409	
	Community HealthNet Calumet New Tech High School	3900 Calhoun St. Door R, Gary, IN 46408	
	Community HealthNet Merrillville	6100 Broadway, Merrillville, IN 46410	
	Community HealthNet Ophelia Steen Center	5927 Columbia Ave., Hammond, IN 46320	

	NorthShore Health Center	2200 Richard Gordon Hatcher Blvd, Gary IN 46404	1-219-763-8112
	NorthShore Health Center	3099 Central Ave, Lake Station, IN 46405	
	NorthShore Health Center	310 W. 112th St., Crown Point, IN 46307	
	NorthShore Health Center	6091 Broadway, Merrillville, IN 46410	
	NorthShore Health Center	2121 E. Columbus Dr. East Chicago, IN 46312	
	NorthShore Health Center	200 3rd Ct. SE, DeMotte, IN 46310	

## Hospitals

	Methodist Hospitals - Southlake	8701 Broadway, Merrillville, IN 46410	1-219-738-5500
	Methodist Hospitals - Northlake	600 Grant St, Gary, IN 46402	1-219-886-4000
	Ann & Robert H. Lurie Children's Hospital of Chicago	225 E Chicago Ave, Chicago, IL 60611	1-312-227-4000
	Advocate Christ Medical Center	4440 W 95th St, Oak Lawn, IL 60453	1-708-684-8000
	Powers Health Munster	901 Macarthur Blvd, Munster, IN 46321	1-219-836-1600
	Franciscan Physicians Hospitals	701 Superior Ave, Munster, IN 46321	1-219-922-4200
	Edward Hines, Jr. VA Hospital	5000 5th Ave, Hines, IL 60141	1-708-202-8387
	Northwest Health - La Porte	1331 State St, La Porte, IN 46350	1-219-326-1234
	La Rabida Children's Hospital	6501 S Promontory Dr #1003, Chicago, IL 60649	1-773-363-6700
	MarianJoy Rehabilitation Hospital	26W171 Roosevelt Road Wheaton, IL 60187	1-630-909-7150
	NW Indiana ER & Hospital	7904 Cabela Drive, Hammond, IN 46324	1-219-554-9911
	Northwest Health - Porter	85 E U.S. Hwy 6, Valparaiso, IN 46383	1-219-983-8300
	Riley Hospital for Children	705 Riley Hospital Dr, Indianapolis, IN 46202	1-317-944-5000
	Shriners Children's Chicago	2211 N Oak Park Ave, Chicago, IL 60707	1-773-622-5400
	Franciscan Health Crown Point	1201 S Main St, Crown Point, IN 46307	1-219-738-2100
	St. Catherine Hospital	4321 Fir St, East Chicago, IN 46312	1-219-392-1700
	Franciscan Saint Margaret Health-Dyer	24 Joliet St, Dyer, IN 46311	1-219-865-2141
	St. Mary Medical Center	1500 S Lake Park Ave, Hobart, IN 46342	1-219-942-0551

## Immediate/Urgent Care Clinics

	Methodist CareFirst Crown Point	1275 E. North St., Crown Point IN 46307	1-219-663-2793
	Methodist CareFirst Merrillville	751 E. 81st Place, Merrillville, IN 46410	1-219-791-9389

	Methodist CareFirst Schererville	6625 W. Lincoln Hwy., Crown Point, IN 46307	1-219-515-6572
	Methodsit CareFirst Valparaiso	1781 Morthland Dr., valparaiso, IN 46385	1-219-299-2736
	Portage Health Center II	3545 Arbors St, Portage, IN 46368	1-219-759-2753
	Powers Health Immediate Care	7651 Harvest Dr., Scererville, IN 46375	1-219-332-5723
	Powers Health Immediate Care	1020 Calumet Ave., 2nd Floor, Munster, IN 46321	1-219-703-2420
	MD \Urgent Care Clinic - Highland	9636 N. Cline Ave., Highland, IN 46322	1-219-513-8677
	MD \Urgent Care Clinic - Merrillville	5304 Broadway, Merrillville, IN 46410	1-219-487-5773
	Franciscan Express Care	7905 Calumet Ave., Munster, IN 46321	1-219-934-9856
	Northwest Health Urgent Care	2505 Calumet Ave., Valparaiso, IN 46383	1-219-286-8729
	Midwest Express Clinic	6097 Broadway, Unit 100, Merrillville, IN 46410	1-219-758-5152
	Midwest Express Clinic	1932 Glen park Ave., Griffith, IN 46319	1-219-922-2535
	Midwest Express Clinic	7890 Ridge Road, Hobart, IN 46342	1-219-788-1237
	Midwest Express Clinic	5621 Lincolnway Hwy., Crown Point, IN 46307	1-219-769-1362
	Midwest Express Clinic	129 E. 107th Ave. Crown Point, IN 46307	1-219-662-4134
	Family Urgent Care	1217 US 41, Schererville, IN 46375	1-219-758-7770

## Immigration Services

	International Institute	4433 Broadway, Gary, IN 46409	1-219-980-4636
	The Welcome Network	3642 Lake Street, Lansing, IL 46327	1-219-276-3764

## Legal Services

	Lake County Prosecutors Office	2293 N Main St, Crown Point, IN 46307	1-219-755-3720
	Lake County Superior Court	15 W 4th Ave, Gary, IN 46402	1-219-881-6000
	Porter County Superior Court	3560 Willowcreek Rd, Portage, IN 46368	1-219-465-3400

## Meal Services

	Meal on Wheels of Northwest Indiana	8446 Virginia St, Merrillville, IN 46410	1-219-756-3663
	Metro Corps of Gary Inc.	839 Broadway #2X, Gary, IN 46402	1-219-886-3155
	Greater Hammond Community Services	824 Hoffman St, Hammond, IN 46327	1-219-932-4800
	First Choice Home Health Services Inc	6 Morgan Blvd, Valparaiso, IN 46383	1-219-464-4443

<b>Medical Equipment</b>			
	Alverno Durable Medical Equipment	16149 Clinton St, Harvey, IL 60426	1-708-331-2875
	Apria Healthcare	1581 E 90th Pl, Merrillville, IN 46410	1-219-736-6222
	Fairmeadows Home Health Center	1325 E Main St, Griffith, IN 46319	1-219-865-5960
	Fitzsimmons Home Medical Equipment	6177 Broadway, Merrillville, IN 46410	1-219-887-7718
	Life DME	8896 Louisiana St, Merrillville, IN 46410	1-219-795-1296
	365 Medical Supplies	8102 Georgia St, Merrillville, IN 46410	1-800-935-9781
	Hook's Oxygen & Medical Equipment	1430 86th Pl, Merrillville, IN 46410	1-219-769-1065
	Koebers Medical Supply	8337 Skokie Blvd, Skokie, IL 60077	1-847-677-6755
	Vital Care Industries	7650 185th St, Tinley Park, IL 60477	1-708-342-2680
<b>Police</b>			
	Lake County Sheriff	2293 N Main St, Crown Point, IN 46307	<a href="tel:1-219-755-3400">1-219-755-3400</a>
	Merrillville Police Department	7820 Broadway #1, Merrillville, IN 46410	1-219-769-3722
	Crown Point Police Department	124 N East St, Crown Point, IN 46307	1-219-663-2131
	Gary Police Department	555 Polk St, Gary, IN 46402	1-219-881-7300
<b>Women and Children Services</b>			
	Answer For Pregnancy Aid	705 N Colonial Dr, Hobart, IN 46342	1-219-947-2272
	BCH, Inc.	354 West St, Valparaiso, IN 46383	1-219-462-4111
	Bethany Christian Services	12416 S Harlem Ave #305, Palos Heights, IL 60463	1-708-385-4889
	Birthright of Valparaiso	905 1/5 Calumet Ave, Valparaiso, IN 46383	1-219-462-3502
	First Steps Crown Point	11045 Broadway, Crown Point, IN 46307	1-219-662-7790
	The Villages of Indiana	1605 Adler Cir suite a, Portage, IN 46368	1-219-762-3465
	Northwest Indiana Healthy Start	839 Broadway #202, Gary, IN 46402	1-219-886-0028
	Methodist Hospitals - Southlake	8701 Broadway, Merrillville, IN 46410	1-219-738-5500
	Methodist Hospitals - Northlake	600 Grant St, Gary, IN 46402	1-219-886-4000
	Franciscan Health - Crown Point	1201 S Main St, Crown Point, IN 46307	1-219-738-2100

	St. Catherine Hospital	South Entrance, 4321 Fir St, East Chicago, IN 46312	1-219-392-1700
	Women's Care Center	8500 Broadway, Merrillville, IN 46410	1-219-472-8059
	Franciscan Saint Margaret Health-Dyer	24 Joliet St, Dyer, IN 46311	1-219-865-2141
	Gary WIC Office	701 Broadway, Gary, IN 46402	1-219-239-2615
	Hammond WIC	5927 Columbia Ave, Hammond, IN 46320	1-219-931-9527
	Merrillville WIC Program	6111 Harrison St, Merrillville, IN 46410	1-219-887-1038
	The Women's Center Illiana	1845 E Summit St, Crown Point, IN 46307	1-219-663-5311

## Social Security

	Gary Social Security Administration	808 S Lake St, Gary, IN 46403	1-800-472-6120
	Hammond Social Security Administration	418 E Douglas St, Hammond, IN 46320	1-800-472-6120
	Merrillville Social Security Administration	1438 E 85th Ave, Merrillville, IN 46410	1-800-472-6120
	Valparasio Social Security Administration	3810 Calumet Ave, Valparaiso, IN 46383	1-800-472-6120

## Hospice Care

	AseraCare Hospice Care	808 Vale Park Rd Suite 200, Valparaiso, IN 46383	1-219-462-6398
	Dunes Hospice	4711 Evans Ave, Valparaiso, IN 46383	1-888-602-9004
	Franciscan Hospice Care	101 W 61st Ave, Hobart, IN 46342	1-219-945-8020
	Heart to Heart Hospice	9111 Broadway Suite CC, Merrillville, IN 46410	1-219-713-0653
	Hospice of the Calumet Area	600 Superior Ave, Munster, IN 46321	1-219-922-2732
	Traditions Health Hospice	1229 Arrowhead Ct, Crown Point, IN 46307	1-219-661-3100
	SouthernCare	9205 Broadway # B, Merrillville, IN 46410	1-219-476-0699
	Transitions Care	11035 Broadway Suite E, Crown Point, IN 46307	1-877-467-6880
	Unity Hospice & Palliative Care	3313 E 83rd Pl, Merrillville, IN 46410	1-219-769-8648
	VNA Hospice NWI	501 Marquette St, Valparaiso, IN 46383	1-219-462-5195